

Retirement woes

Social Security won't be enough to get by on

Jeff Prosser, Page 8A

Good food fast

Nutrition specialist has food plan

Sports, Page 1B



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VOLUME 15, NUMBER 93

WEDNESDAY, DECEMBER 16, 1998

FIFTY CENTS

Baker hearing delayed

Fantasyland owner convicted

By Scott Cousins
Staff writer

BROOKLYN A forfeiture hearing scheduled for this week in the Fantasyland money laundering-prostitution trial of

FANTASYLAND, Page 5A



Scott Kelly photo

U.S. Rep. Jerry Costello thanks Gov. Jim Edgar (left) Saturday for securing state money for a new Lewis and Clark Interpretive Center at the confluence of the Mississippi and Missouri Rivers. The site commemorates the explorers' winter camp in 1803. Looking on are State Rep. Tom Holbrook, State Sen. Evelyn Bowles and re-enactors dressed in period military uniforms.

Ground broken for new center

Lewis and Clark site being revitalized

By Scott Kelly
Staff writer

On a crisp winter day in 1803, Capt. William Clark set up a winter camp at the confluence of the Mississippi and Missouri rivers.

MADISON COUNTY

The next spring, he and Capt. Meriwether Lewis would leave Camp DuBois to begin their historic trek to the Pacific Ocean. Almost 200 years later, the winter camp is getting the recognition historians, enthusiasts and local and state leaders say the site deserves. Members of the Lewis and Clark Society of America joined Gov. Jim Edgar, U.S. Rep. Jerry Costello, state Reps. Steve Davis and Tom Holbrook and state Sen. Evelyn Bowles in

See CENTER, Page 3A

Madison police looking into apparent accidental shooting

Victim in stable condition at SLU hospital; was felon, charges possible

By Scott Cousins
Staff writer

Madison police are investigating the apparent accidental shooting of a man by his wife last week.

MADISON

But the victim could face charges because he is a convicted felon and prohibited from owning firearms.

The victim was taken to St. Elizabeth Medical Center in Granite City, then transferred to Saint Louis University Hospital, where he was listed in stable condition Monday. Lt. Steve Shelby said police received a 911 call from the 1200 block of Iowa Street on Dec. 10. The woman calling said she had accidentally shot her husband. When police arrived, they found the man with a gunshot wound to the neck. The bullet, fired from a .38 caliber revolver, entered the right front side. Police at the scene said there was

no exit wound and they could see the bullet in the back of the victim's neck just under the skin. Shelby said the man was very lucky that no major arteries or his spinal cord were hit. Police at the scene reported that the man was conscious and was able to walk, but complained of tingling in his arm. The woman — who said she doesn't know anything about firearms — told police she had been cleaning and the gun discharged after she picked it up to move it.

Bush stepping down as East St. Louis mayor

Cites reforms, improvements during eight years in office

By Jason White
Staff writer

EAST ST. LOUIS Mayor Gordon D. Bush may be stepping down, but he's not walking away from East St. Louis. Surrounded by clergy, elected officials, family and

staff members, Bush announced Thursday that he will not seek a third term. "We step aside at a time when we feel the city is better," he said. "We feel the city is on its way. I asked God to let me serve as an instrument of his will, and he's allowed me to do that," Bush said. "This is what

my Heavenly Father is telling me to do." Bush said the decision was the hardest in the long journey taken by him and his wife, Brenda, who sat next to him at the mayor's desk during the press conference. The second hardest decision was running for mayor in 1991, he said.

Bush remembered a trash-strewn, crime-ridden city that "people were walking away from." "What we hoped for was to try to be able to make a difference, to try to clean up the city," Bush said. "We had

See BUSH, Page 8A

Alton Belle announces major renovation project

By Paul Brinkmann
Staff writer

Ahoj, matey! The high seas of the 18th century are coming to the Alton riverfront. The Alton Belle Casino recently announced an \$8 million construction project to transform its landing area into a scene reminiscent of a historic oceanfront wharf. "The newly designed landing facilities will be themed to

capture the ambiance of an 18th century fisherman's wharf," a casino press release stated.

Some of the features that will soon appear downtown include the "tall ship" masts of a schooner, a lighthouse, drawbridge and warehouse.

Brenda Bauer, general manager of the casino, said the theme for the project "will complement the history of Alton and the

See BELLE, Page 5A

Granite City Journal

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Dollar store, quick shop coming to Pontoon Beach

By Scott Kelly
Staff writer

Two businesses coming into Pontoon Beach without any tax incentives is a good sign for the future, a local man says. John Sobel of Pontoon Beach helped bring two businesses to town, one on the southeast corner

PONTOON BEACH

See PONTOON, Page 5A



Shirley Valencia photo

All I want for Christmas is...

Melanie Mitchell lets Santa know what she wants for Christmas at Pontoon Beach's Breakfast with Santa celebration. Children and their parents gathered together to let Santa know what was on their wish list.

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Madison police arrest three on various weekend drug charges

Busts take place at 'known' drug house

By Scott Cousins
Staff writer

Suspicious vehicles parked in the neighborhood of several "known drug houses" on Third Street in Madison yielded several arrests over the weekend.

MADISON On Saturday, police arrested Jennifer L. Waggoner, 22, of the 2300 block of August, Granite City, for outstanding warrants.

Waggoner was the passenger in a truck driven by Wyatt N. Bryant, 42, of the 2300 block of Grand Avenue, also of Granite City. Bryant was ticketed for illegal possession of alcohol.

On Sunday, Robert J. Schall, 42, of the 900 block of Lee, Madison, was charged with failure to signal and obstructing a police officer.

According to reports, Bryant and Waggoner were detained after an officer noticed their vehicle pull over to a curb in the 1600 block of Third Street, and a man came up to the passenger side window.

When the officer approached, the man tried to hide, then fled as the officer came near.

A check on the two occupants showed that Waggoner had two outstanding warrants. One was from the

Greene County Sheriff's Department for deceptive practices; however, that department declined to extradite.

The second warrant was from the Troy police department for failure to appear on charges of criminal trespass. Bond on that charge was \$2,000.

Bryant was charged after the officer noticed a half-full cup of beer in the truck.

Schall was arrested at about 2:17 a.m. the following day after an officer noticed his car — a white Ford Mustang — parked in the 1600 block of Third. According to reports, the officer had noticed the car at that location several times during the day.

The officer observed two people come out and enter the car, which he followed. When the car turned onto Ewing without signaling, the officer made a traffic stop.

When he asked the driver for his license and proof of insurance, the driver, later identified as Schall, handed him the insurance card but no license. The officer noticed that Schall had not spoken, and appeared to have a bulge in his cheek. When the officer asked about it, Schall reportedly began quickly chewing something.

The officer ordered Schall to stop and show him what was in his mouth. Schall continued chewing, but opened his mouth and then quickly shut it.

The officer saw a "dark green leafy substance" that he believed was cannabis, and placed Schall under arrest.

He again ordered Schall to stop chewing and attempted to place him in a police car, but Schall allegedly resisted. The officer finally used pepper spray to force Schall into the car.

The passenger said she did not know what Schall had placed in his mouth, but later told police that when the officer pulled them over, he said he would take care of the "weed" and placed it in his mouth.

Nothing was found during a search of the car.

Police said the area is known for drug sales and prostitution, and one of the homes — at 1604 Third — had been the subject of a search by Madison police and members of the Metropolitan Enforcement Group of Southwestern Illinois on Nov. 10, in which drug paraphernalia was confiscated by MEGSL.

Madison police said Monday they did not know if any charges had been filed as a result of the search.



Contribute photo

Bright idea

Richard Moore (second from right), regional manager with Illinois Power, meets with Granite City Public Library Director Lester McKiernan (right) and board members Kathy Antoff and Ron Coleman. The library received \$5,000 from Illinois Power's Bright Ideas community grant program. The library will use the money to purchase literature, videos and CD-ROMs for an energy and conservation information display unit to educate the community about environmental and conservation matters.

SIU officials await funding answers

By Linda N. Weller
Staff writer

SIU officials awaited the official numbers Wednesday, but are optimistic that the Illinois Board of Higher Education would be generous in its budget recommendations for fiscal year 2000.

"We have general ideas" of what the proposed budget will contain, said Ted Sanders, president of Southern Illinois University.

Sanders said the board is expected to recommend a 5 percent increase in salaries for faculty and staff in the proposed operating fund budget.

Fiscal year 2000 begins July 1, 1999. Of that proposed increase for salaries, 3 percent would be to cover higher costs of living and the remainder would be to make the salaries more competitive.

Responsibility for paying for the 2 percent equity increases

would be split between the state and universities, Sanders said.

Southern Illinois University-Edwardsville Chancellor David Werner said he expects the state board to recommend that the university

get funding for technology enhancements for professional development programs in the School of Education. The clinical program is for students studying to be teachers in the kindergarten through high school levels.

Edwardsville panel approves TIF agreement

Deal would allow new downtown restaurant

By Steve Whitworth
Staff writer

An Edwardsville City Council committee has approved a TIF agreement with the proposed developers of a restaurant in the former Schwartz's drugstore downtown.

EDWARDSVILLE The action by the Finance Committee last week sends the agreement to the full council for possible approval at its meeting Tuesday night.

Phil Polite, president of Amerivest Realty of Edwardsville, told committee members that the group of investors plans to open the Manhattan Restaurant in the Schwartz building on the

southeastern corner of the intersection of North Main Street and Hillsboro Avenue.

Polite spoke at the committee meeting for the investors, who said they preferred to remain unidentified until financing for the deal is approved. They said they hoped they could get that approval within the next week to 10 days.

The city adopted a Tax Incremental Financing Redevelopment Plan for TIF District 2 last year, under which it uses financial incentives as a stimulus for redevelopment in the downtown TIF2 area.

Under the terms of the city's 15-year agreement with the Manhattan group, the city would reimburse 40 percent of any increase in the property

tax revenues paid into the TIF2 fund that are attributable to the project.

The Manhattan developers would pay their full property tax and receive the 40 percent reimbursement in the form of a rebate. After the 15-year term expires, the city would receive 100 percent of property taxes paid by the business.

Alderman Rich Walker, 4th Ward, chairman of the Finance Committee, said the project would bring in an estimated \$50,000 for the city as its portion of the increment over the 15-year term.

After his presentation, Polite praised city officials "from the mayor on down" for their cooperation in trying to bring the restaurant to downtown.

DEPRESSION

Clinical Research Associates of Edwardsville urgently needs volunteers age 18 and over with Bipolar disorder who are currently depressed or manic to participate in a research study comparing an investigational drug with lithium and placebo.

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Suitable volunteers will receive a study related medical and psychiatric evaluation and study drug from a psychiatrist free of charge. If you or someone you know would like to be considered for a study please call (618) 6509-0292.

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Ground broken for new Lewis and Clark visitor's center

Continued from Page 1A

officially breaking ground for a \$7 million, 24,000-square-foot interpretive center.

The new building will be located just above the floodplain at the existing Lewis and Clark monument at the river's confluence, off Illinois 3 and Poag Road. The entire 221-acre park will include a reconstruction of Camp Dubois and will straddle the Confluence Bikeway from Alton to East St. Louis.

Organizers hope to have the site finished and open in time for the 200th anniversary of the expedition in 2004.

They want to attract the attention of tourists and

residents alike. Already, people are learning about the site.

Dawn Todd of Granite City and her family were returning from eagle watching above Alton when they stopped by Saturday morning to see what the fuss was about.

Todd, who grew up in Granite City and just recently moved back here from California, said she often traveled up to Washington near the terminus of Lewis and Clark's expedition.

"It's funny, growing up, I never thought there was much history here, but now I see there is," she said.

Bob Coomer, superintendent, Historic Sites Division, of the Illinois Historic Preservation Agency, said construction

should begin in late fall of 1999. A few final details need to be worked out in getting federal funding in place for the project.

Once the new center is open, operations funding will come from the state and through fund-raising efforts of such groups as the Lewis and Clark Society, he said.

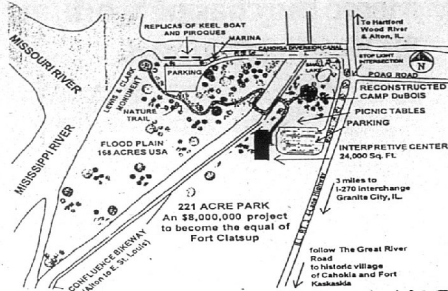
"This will give Illinois a chance to feature its role," Coomer said. "It's a wonderful opportunity. Hundreds of thousands of people will have the opportunity to experience this part of the story."

Edgar, flown in by helicopter, praised the work Costello and the others had done in pushing through the legislation that secured funding for the site.

"The Lewis and Clark expedition... was the most important voyage of exploration in this country's history," Edgar said.

"Illinois is the first site on the National Park Service's Lewis and Clark Trail, so it is appropriate to build this interpretive center near the spot where the expedition was organized and the journey began."

Edgar joined Costello, Holbrook, Davis, Bowles and George Arnold, president of the Lewis and Clark Society of America, in symbolically breaking the ground. Arnold also presented Edgar and Costello with plaques commemorating their securing the money.



Concept of Lewis & Clark National Trail Site No. One

Courtesy Lewis and Clark Society of America
This diagram shows what the new Lewis and Clark National Trail Site No. One center will look like when completed in 2003, the 200th anniversary of the legendary exploration of America. In addition to the interpretive center, it will include a reconstruction of the camp, picnic tables and a small marina. State and federal officials expect the site to become a major tourist attraction for his historical and educational value.

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By Dennis Grubaugh
Staff writer

A man accused of having cocaine in both the Madison County Jail and the courthouse will avoid prison if he avoids crime the next 10 years, a prosecutor said.

Claude T. Rogers, 35, of the 1100 block of Harrison Street in Alton, received intensive probation in return for his guilty pleas last week in three 1998 cases.

Rogers was found in possession of a piece of crack cocaine in the Madison County Jail on Sept. 7. Authorities said they uncovered it during a search of his cell after sheriff's deputies heard he had been trying to sell the drug while incarcerated. He was charged with unlawful

possession of contraband in a penal institution.

Rogers was in the jail awaiting a court appearance on an Alton weapons charge stemming from alleged possession of ammunition, Assistant State's Attorney Calvin Fuller said.

Five weeks after the September incidents, while he was out on bond, Rogers was arrested at the Madison County Courthouse by a deputy who found what appeared to be pieces of crack cocaine in one of his shirt pockets.

Laboratory analysis later showed the material to be a "look-alike" substance, often passed off as cocaine in drug dealing. Possession of such a substance is also a felony, Fuller said.

Last week, Rogers pleaded guilty to unlawful possession of a controlled substance in a

penal institution, a Class 1 felony, and unlawful use of a weapon by a felon, a Class 3 felony.

The latter charge was related to a September traffic stop in which Alton authorities discovered ammunition in a box in Rogers' vehicle, Fuller said. Rogers told authorities he didn't know the ammunition was in the box, which he said he bought at a flea market.

In return for the guilty pleas, the state dismissed two other charges, both Class 4 felonies for possession of a controlled substance, Fuller said.

Under terms of intensive probation, if Rogers is convicted of a Class 2 felony or greater during the next 10 years, he must serve prison time.

"It's non-probationable by statute," Fuller said.

Rogers must also adhere to a curfew, do public service work and submit to regular urine tests.

Fuller, who is a strong supporter of the county's Drug Court operation, which attempts to rehabilitate drug offenders rather than imprison them, said he saw no purpose in sending Rogers to prison. Among other things, Rogers has a job as a housekeeper, he said.

He will also have the threat of going to prison hanging over him for the next decade.

"I sometimes think we get a worse product out of (prison) than what we put in," Fuller said.

Rogers has a felony record dating back to at least 1982.

Keshner helps two prisoners tie the knot

By Dennis Grubaugh
Staff writer

It was a marriage made in criminal court. Traditional bridal attire was traded in for stripes and shackles recently when a pair

of inmates exchanged wedding vows in the courtroom of Judge J. Lawrence Keshner. "I'm giving you a life sentence," Keshner told the couple. "You'll have to serve 'til death do you part."

The marriage of Kimberly L. Lacey of Alton to Odia H. Gleason of East Alton was a first for the judge and most of the people present. Keshner said an inmate will get married to someone on the

outside, but rarely does it happen to two people in jail at the same time. Keshner borrowed some of his office chairs and garden hose to tie a symbolic knot around the couple's wrists, then bought them each a Pepsi after the 10-minute ceremony.

Gleason is in county jail awaiting the outcome of a residential burglary and stolen vehicle charges from earlier this year.

Lacey is in jail awaiting transfer to Dwight Correctional Center for women. She is finishing a one-year sentence for parole violation in a drug possession case. She faces trial in a court case in which she allegedly hit an Alton police officer twice in the face while refusing to enter a cell at an Alton police station. In that case, she is charged with aggravated battery to a peace officer.

Despite their legal difficulties, the newlyweds had other things on their minds Tuesday.

Gleason said they had never actually had a spoken conversation until just before the ceremony.

"We spoke through letters," Gleason said he met his bride through a mutual female acquaintance with whom he was corresponding.

"She told me about Kimberly, and I started writing her," Gleason said. Both spouses are 29 years old. Gleason rarely saw his new bride before Tuesday. Most of his days are spent outside the jail on work details. And male inmates are not allowed on the women's side of the jail.

"I'd see her on Sundays at (the jail's) church and wave to her during lunch times, and that was about it," he said.

Lacey didn't have much to say after the ceremony, professing to be in shock. She sat quietly in a courtroom chair and let the groom do the talking.

Gleason's attorney, Harry Anderson, was appointed by the judge to serve as "best man."

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Obituaries

Henry Copman

HENRY COPMAN, 91, of Granite City, died Saturday, Dec. 12, 1998, at St. Elizabeth Medical Center in Granite City.

Mr. Copman was born May 1, 1907, in Advance, Mo. He was retired from Granite City Steel and was a member of SOAR.

Survivors include his wife, Beatrice (Planis) Copman; and one granddaughter, Cherie Hahne of Granite City.

He was preceded in death by his parents, Henry and Mattie (McCoy) Copman; one stepson, Coot Hahne; one brother, Paul Copman; and one sister, Ruth.

Mr. Copman's body was donated to Washington University School of Medicine in St. Louis.

Thomas Memorial Mortuary handled the arrangements.

Ila Fleig

Ila M. (ESSINGTON) M. FLEIG, 71, of Collinsville, formerly of Granite City, died Sunday, Dec. 13, 1998, at Alton Memorial Hospital.

She was born March 31, 1927, in Venice, Mo.

Mrs. Fleig worked at John's Dairy Master as a clerk.

Survivors include her mother, Alice (Dure) Essington; two daughters, Donna Topf of Granite City and Paula Corradi of Marine; two sons, Edward Fleig of Florissant, Mo., and Daniel Fleig of Maryland Heights, Mo.; one brother, Edward Essington of Granite City; three grandchildren; and one great-grandchild.

She was preceded in death by her husband, John Fleig; and her father, Homer Essington.

Visitation will be from 5 to 8 p.m. today, Wednesday, at Irwin Chapel, 3500 Maryville Road, Granite City.

Services will be held at 1 p.m. Thursday at Irwin Chapel in Granite City, with the Rev. Thomas Wise officiating. Burial will be in Calvary Cemetery in Edwardsville.

Memorials may be made to the donor's choice.

Charles Fulkerson

CHARLES R. FULKERSON, 69, of Granite City, died Tuesday, Dec. 8, 1998, at Colonial Care Nursing Home in Granite City.

Mr. Fulkerson was born Sept. 11, 1929, in Morganfield, Ky. He was retired from Dow Chemical as a pass operator and a member of Local 4840 of the United Steelworkers of America union.

Survivors include his wife, Nettie (Ramsey) Fulkerson; two sons, Mike Fulkerson of Milan, Mich.; one daughter, Linda Slavins of Pleasant Hope, Mo.; one brother, James Fulkerson of Kentucky; and one grandchild, Tony Slavins.

He was preceded in death by his parents, Thomas Fulkerson and Mary Phyllis Renolds; one brother, Norman Fulkerson; and three sisters, Grace Sparks, Renee Styles and Ruth Morris.

Services were held Monday, Dec. 14, at Werner Chapel in Granite City, with the Rev. Vernon House officiating. Burial was at Sunset Hill Memorial Estates in Glen Carbon.

Gary Harris Sr., 60, of Granite City, died Friday, Dec. 11, 1998, at his residence.

He was born Aug. 14, 1938, in Venice, Mo.

Mr. Harris owned Gary Harris Construction and was a member of Calvary Baptist Church.

Survivors include his wife, Gary Harris Jr., of Granite City and Kimberly Harris of Collinsville; one brother, Robert Harris of Granby, Texas; one sister, Karen Turnbull of Marion; and three grandchildren, Craig, Chad and Troy Harris, all of Granite City.

He was preceded in death by his parents, Furman and Zella (Beyon) Harris.

Services were held Monday, Dec. 14, at Thomas Chapel in Granite City, with the Rev. Fred Boatright officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials may be made to Hospice of Madison County.

Services were held Monday, Dec. 14, at Werner Chapel in Granite City, with the Rev. Vernon House officiating. Burial was at Sunset Hill Memorial Estates in Glen Carbon.

Services were held Monday, Dec. 14, at Concordia Lutheran Church in Granite City, with the Rev. Michael Hart officiating. Burial was in St. John Cemetery in Granite City.

Memorials may be made to Concordia Lutheran Church Ladies Aid.

Memorials may be made to the donor's choice.

Stanley Macios, 86, of Bucyrus, Mo., formerly of Granite City, died Dec. 12, 1998, at Cabool Nursing Home in Cabool, Mo.

Mr. Macios was born Sept. 4, 1912, in Canada. He was retired from Granite City Steel as a railroad conductor and was a member of the Catholic faith, AMVETS, VFW of Licking, Mo., and the United Brotherhood of Carpenters.

Survivors include his wife, Bertha (Calvin) Macios; two sons, Carl Macios and Ted Macios, both of Granite City; one sister, Ann Brankof of Granite City; 10 grandchildren; and 16 great-grandchildren.

He was preceded in death by his parents, Joseph and Julia (Lutz) Macios; one sister and three brothers.

Services will be held at 10 a.m. today, Wednesday, Dec. 16, at Irwin Chapel in Granite City, with the Rev. Dr. Lewis Trotter officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials may be made to the American Cancer Society.

Alberta Taylor, 74, of Madison, Mo., formerly of Venice, died Tuesday, Dec. 8, 1998, at Saint Louis University Hospital.

She was born Dec. 2, 1924, in Venice, Mo.

Mrs. Taylor was retired from the Alverne Hotel in St. Louis and from St. Louis Missouri Athletic Club in St. Louis. She was a member of St. Mary's Catholic Church and a former member of St. Mark's Catholic Church.

Survivors include her children, Charlotte Cliday of Granite City and John Taylor of Alton; two brothers, Charles and Henry Macios, both of Granite City; one sister, Ann Brankof of Granite City; 10 grandchildren; and 16 great-grandchildren.

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Merge purchasing work, SIUE officials urged

By Linda N. Weller
Staff writer

An accounting firm is suggesting that Southern Illinois University consolidate its purchasing and disbursements operations for the Edwardsville and Carbondale campuses.

Although such action would carry an estimated implementation price tag of \$2 million, SIUE could expect to save more than \$500,000 a year by establishing a "shared service center," says a report from the accounting firm Arthur Andersen.

With fewer staff members handling purchases, the centralized process would be streamlined, more efficient and expected to have fewer errors, the report says.

The savings would grow as the staff of 33 full-time workers in the purchasing and disbursement departments was reduced to between 30 and 31 employees through attrition and transfer to other departments.

Reducing the number of workers would save the university \$550,000 in fiscal year 2001; \$600,000 the following year; and as much as \$640,000 by fiscal year 2004, the report predicts.

Officials stressed that none of the workers would be laid off.

"We will not put any of these people on the street," President Ted Sanders said. "We will use

university-wide attrition and place people in jobs they are qualified for or could be qualified for with additional training."

"It still makes sense (to keep the employees), although it will take longer to realize the savings" of a smaller work force, he said.

Under the recommendations released Wednesday in Edwardsville, the purchasing operations at SIUE's School of Medicine in Springfield would be consolidated with the other campuses in a later phase.

The proposed consolidation would take three years. Sanders said no new buildings would have to be built. The process is dependent on the university installing the Oracle financial computer software that would tie the campuses' offices together.

The report is the second set of money-saving recommendations the accounting firm has submitted to SIUE in the past five months. Sanders said his copy of the report recently.

Sanders said the university may implement all or part of the recommendations, but that officials need time to study the report. He said some purchasing and disbursement functions may remain on both campuses as a partial implementation of the plan.

Off it makes sense, the next question is where do you locate the center?" Sanders said. "Where do we have physical space?"

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Give Yourself a Real Break

Find out how to "quit for life" with Memorial's Freedom from Smoking Self Help Plus Program.

Program:
The American Lung Association's
"Freedom from Smoking Self Help Plus" program is taught by a respiratory therapist from Memorial. The program consists of three sessions: Session One helps the participant build motivation to quit and to learn why they smoke; Session Two is quit day when the smoker learns how to cope with urges and develops a reward system for staying quit. Skills to help the ex-smoker cope with social situations, develop an exercise program and eat healthy are presented.

Date, Time and Place:
Class begins Tuesday,
January 5, 1999
7:00 to 8:30 p.m.

Memorial's West Dining Room

Information:
Ten participants are required to conduct this class.
To register, call Memorial's Community Relations Department at (618) 257-5649.

40 YEARS

MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62226

Simpson nominated for principal's award

Cory Simpson, a Granite City High School senior, has been nominated to compete in the National Association of Secondary School Principals Leadership Award Program (PLA), sponsored by the National Association of Secondary School Principals (NASSP).

The Principal's Leadership Award Program is funded by Herff Jones, Inc.

R. William Rotter, principal of Granite City High School, announced the nomination, which places Simpson in the national competition.

Fantasyland forfeiture hearing delayed

"This is tremendous news for the community," Sandidge stated in the press

Doug Burkhalter, Alton Belle marketing director, said the casino hopes to begin construction early next year.

Aldermen said they have seen an artist's rendering of the proposed construction. "What an investment on their part, and what an improvement to our riverfront," Second Ward Alderman Phil Hanrahan said.

The Alton Belle opened in 1991 as the first riverboat casino in the metropolitan St. Louis area.

On Thursday, Baker, 38, of St. Louis, was found guilty of 15 counts of money laundering, one count of conspiracy to commit money laundering and five counts of engaging in monetary transactions in excess of \$10,000 involving proceeds of unlawful activity in connection with prostitution at the Fantasyland Massage Parlor, the Fantasyland Night Club and other businesses in the complex, located in Brooklyn.

A forfeiture hearing had been set for Tuesday, but it has been postponed; attorneys for both sides will have 30 days to submit legal briefs to U.S. Judge William Stiehl. Included in the forfeiture are cash, Baker's home, cars and

He pleaded guilty in October, and a sentencing hearing has been set for 11 a.m. Jan. 11.

Sentencing for Baker is set for 1:30 p.m. March 12.

Where Beautiful Things Begin

The famous list:
Santa's list of children originated in Belgium. The old gent carried a big book with all the names who were going to be rewarded. A popular

We have a few more, so watch for them in Sunday's Journal.

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OVERLAND
8901 Page (314) 429-5155

NORTH COUNTY
11015 Old Halls Ferry (314) 355-8534

BALLWIN
15031 Manchester Rd. (314) 256-8777

KIRKWOOD
1125 S. Kirkwood (314) 821-8866

SHREWSBURY
125 Kenrick Plaza Dr. (314) 962-8678

ST. LOUIS
4850 Lansdowne (314) 351-4010

FAIRVIEW HEIGHTS, ILL.
(618) 367-1251

[illegible]

The second development involves expanding the existing Clark station at 162 and 111 to include a large convenience store similar to a Hucks or QuikTrip, Sobel said.

"Neither business was looking for any tax breaks," Sobel said. He said that was a good sign of the village's maturity, that Pontoon accepted any business not looking for a break on taxes as a condition of coming into the village.

4600 Memorial Drive+Suite 400+Belleville, Illin

**Watch Sunday's Journal
for more tips from the
experts at Frank's!**

4600 Memorial Drive+Suite 400+Belleville, Illinois

Gordon Bush stepping down as mayor

Continued from Page 5A

thugs who had their way in this city.

"Many people said the city would never make it back," he said.

Now East St. Louis has less crime, more city services and the first new businesses and housing development for decades.

Bush credited Gov. Jim Edgar and President Bill Clinton for their parts in the revitalization.

More work remains to be done, Bush said.

"In East St. Louis, there are so many young people who do not have the benefit of a mother or father," Bush said.

"It's up to us, as people who are in the younger and middle years of our lives... to make things better for children."

"We are not walking away from East St. Louis," Bush said. "We were born and raised here and we're going to stay here."

Bush's future plans include lecturing at area universities and being a private consultant.

"I want to share this rich experience," he said.

Bush said he will support a mayoral candidate after the filing deadline.

"I just want to see the next mayor continue the progress and be as fair and as respectful as they can be to our citizens," he said.

Bush said his tenure was not perfect.

"We all make mistakes," Bush said. "There's no time for blame. There's only time to look forward and find solutions."

City Clerk Alzada C. Carr praised Bush for his respectful attitude towards her and other officials.

"A lot of times, you run across mayors that do not respect other people," she said. "He's accomplished a lot all you have to do is look around."

Brenda Bush, a guidance counselor at East St. Louis Senior High School, said she has mixed emotions about the decision.

"He has made the decision through his religious inspiration," she said. "I am ready to go wherever he feels we need to go and do at this point."

Bush, 57, began his political career in 1969 as a part-time student planner and became an associate city planner in 1970. He was elected city commissioner in 1971, elected treasurer in 1975 and served on the St. Clair County Board of Review from 1982 to 1991.

Bush retired as a lieutenant colonel in the U.S. Army Reserve in 1995 after 29 years of service. In 1998, he was elected Reserve Officer of the Year.

He holds bachelor's and master's degrees in urban planning from Southern Illinois University-Edwardsville.

Bush is the founder of the East St. Louis Youth Commission and is a board member of the East St. Louis Boys Club, the Boy Scouts of America Oklaw Valley Council, the East-West Gateway Coordinating Council and the United Way.

In April, Bush was elected president of the 435-member National Conference of Black Mayors. Denver Mayor Wellington Webb will become the president in April 1999.

Bush's current term runs until May.

GC Park District taking summer 1999 applications

The Granite City Park District is now accepting applications for employment to fill positions for all 1999 summer programs.

Numerous positions are needed to be filled, such as pool assistant manager, lifeguards, bathhouse attendants, cashiers,

concessions, maintenance and gardeners workers, security guards, playground attendants, ball diamond crew, recreation leaders and aids, umpires, scorekeepers, baseball school aids, gymnastic assistants and tennis instructions aids.

Persons must be 16 years of age, reliable and courteous. Granite City Park district residents will receive priority for all positions. All positions are seasonal part-time. Applications are available at the Wilson Park office during regular business hours.

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TRI-CITY YMCA & SURDYKE HARLEY DAVIDSON

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Winner responsible for all taxes
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"When The Fat Boy Gets Skinny" (Means When All The Tickets Are Sold)

Garden Clubs announce coming show

District V Garden Clubs of Illinois has announced that its Standard Flower Show, entitled "Music, Music, Music," will be held May 22 at Belleville Area College's Belleville Campus.

In January, the artistic design classes or categories will be released.

The artistic design division is open to garden club members only, but the horticulture division is open to everyone.

There will be a division for juniors, divided by age groups

to display their very own horticulture and artistic designs.

There also will be an educational and artistic crafts in special exhibits.

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D-3 Hunan Beef	D-9 Chicken with Lemon Sauce	D-15 Hot Braised Pork
D-4 Beef with Vegetables	D-10 Hunan Chicken	D-16 Special Combo Fried Rice
D-5 Beef with Broccoli	D-11 Moo Goo Gal Pan	D-17 Fried Rice of Your Choice
D-6 Chicken with Cashew nuts	D-12 Sweet and Sour Chicken	(Hun, Pork, Beef, Chicken, Shrimp)

FREE SODA & DELIVERY WITHIN 2 MILE RADIUS
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REMOTE CAR STARTER \$199.00 INSTALLED	JVC KD-S630 35X4 C.D. Player \$199.00 INSTALLED*	10" SUBWOOFERS \$69.00
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Next to Blockbuster
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Seventh Annual Holiday Light Display Spectacular

- Enjoy scenes of Christmas past
- Gaze at over one million lights
- Visit with Santa Claus
- Horse-drawn carriage rides

In Alton's Rock Spring Park
November 27 - December 27, 1998
Saturday & Sunday 5 PM - 9 PM
Monday - Friday 6 PM - 9 PM

Donations:
\$7 per car or van and
\$1 per motor coach
passenger is requested

Rock Spring Park
Map showing location near Alton, IL

Christmas Hotline (618) 466-8858
A Community Celebrations, Inc. event.
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Business

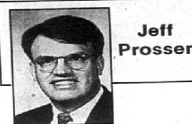
Social Security alone won't assure retirement

There's a lot of talk about retirement among workers — and it's not necessarily by those about to retire.

Responsible Americans of all ages are beginning to face the fact the Social Security is not the answer to a carefree retirement.

To ensure a comfortable future, pre-retirees need to put individual investments and employer-sponsored retirement plans to work today. Leading investment professionals have begun a campaign to persuade Congress to make it easier for workers to do so.

Matthew P. Fink, president of the Investment Company Institute, the national association of the mutual fund industry, served as a delegate to the National Summit on Retirement Savings, held recently in Washington. Speaking for the mutual fund industry, Fink urged Congress to take three steps to help Americans save more



Jeff Prosser

effectively for retirement:

- Expand opportunities and strengthen incentives for individuals to save directly and through employer-sponsored plans.
- Streamline certain cumbersome regulatory burdens that deter employees from offering retirement plans.
- Keep the rules simple and easy to understand.

As an example of the way

confusing regulations discourage saving. Fink noted what resulted from IRA rule changes.

When Congress introduced tax deductions for IRAs in 1982, IRA contributions rose from less than \$4 billion in 1980 to about \$38 billion in 1988. Three-quarters of all IRA contributions in 1988 were from families with annual incomes less than \$50,000.

When Congress restricted the deductibility of IRAs, contributions fell sharply to \$15 billion in 1987 and never recovered. In 1995, contributions totaled \$8.4 billion.

"The 1996 changes a level of complexity into an otherwise simple and successful program that was inconsistent with the critical goal of promoting long-term savings," Fink said.

According to Fink, the traditional IRA and the new Roth IRA are excellent ways for Americans to build assets

for retirement and making the tax-deductible IRA available to everyone could make these retirement accounts even more attractive.

Fink concludes the increasing the annual IRA contribution limit removing complex income limits on IRA rollovers into Roth IRAs and expanding Education IRA contribution amounts would provide further incentives.

Working Americans understand responsibility. Most also understand that it's their responsibility to prepare for retirement by treating Social Security not as their primary source of retirement income, but as a potential supplement to a retirement income they provide for themselves.

Fink makes the case that our government can help by simplifying retirement savings accounts. As he says, "It's one of the best investments the government can make."

East St. Louis BPW help homeless shelter

By Jason White
Staff writer

Adrienne Stanley and her co-workers came to the Dorris Davis Helping Hand homeless shelter in East St. Louis Friday with their hands full of clothes, food and toys.

Stanley said she read an article last year about the shelter's yearly struggle to get enough toys and food for its annual Christmas dinner.

"That just stuck with me the entire year," she said. "It just touched me."

So this year, she and other employees at the Kirke-Van Orsdel Inc. insurance agency in St. Louis decided to use the company's annual charity drive to donate clothes, turkeys, canned goods and toys to the shelter.

Some of the cardboard boxes burst open because they were so full of clothes.

The Rev. Dorris Davis, who has run the shelter for 12 years, hopes the overflowing generosity will spread.

Last year, the shelter was able to give gifts to 3,000 children.

"We're hoping that we can do that this year," Davis said. Davis said a major problem this year has been the lack of a pickup truck to pick up food and other items.

A donation of an old truck would be tax-deductible, he said.

Fuel tax funds allocated

Illinois municipalities have been allotted \$22,003,024.39 as their share of motor fuel tax paid into the state treasury during November, according to the Illinois Department of Transportation.

Motor fuel tax funds are allocated monthly to the various municipalities in Illinois for their streets and highways. The money allocated is computed on the basis of population.

The allotments are:

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Young at Heart



Today's retirees living longer, working harder than ever before

Frank Lewis runs the gift shop inside the Kentucky Capitol. He closes each day at 3 p.m., then puts in an hour and a half on the visitor information desk. He works some weekends,

helping to staff weddings and other special events at state-owned Berry Hill Mansion. He also has a part-time job at a local electrical equipment store. In his spare time, Lewis does

custom framing at his house. He is 81. He also is part of a growing population group: men and women who are of retirement age but aren't retired. In the 1990 census, 466,816

Kentuckians were 65 or older. About one in 10 was still working, for a variety of reasons.

Some needed a job for personal satisfaction. Some needed regular contact with other people. And in a 1993 survey by the Kentucky State Data Center at the University of Louisville, practically all said they needed the money.

"You've got a lot of people who basically don't have a retirement income other than Social Security," Ron Crouch, director of the center, said in an interview. "Social Security is very difficult to live on. It was never really set up to be a retirement income to cover all your expenses."

Lewis said he had only a meager pension when he retired from the Housing Authority of Frankfort in 1979. That by itself was enough to put him back in the job market.

But he also was perpetually active, having given decades of service to church and community. That included disaster relief work for the Kentucky Baptist Convention and 16 years as a leader and volunteer with the Boy Scouts. Ask Lewis why he works, and he says: "I've got to. I

couldn't go home and sit down."

"People are living longer, but they may not be retiring longer," said Taylor Davidson, an issues coordinator for the American Association of Retired Persons — AARP. "A lot of people find retirement is not as fulfilling as they thought it'd be."

Nor as financially secure. Crouch said he expected the 65-and-up population to include a steadily increasing percentage of workers as people live longer and the adequacy of pensions becomes more suspect.

"In 1950 the average retirement age was 69, and the average person lived five years in retirement," Crouch said.

"Now the average person is living 20 years in retirement, and we're heading toward a system where people could be living 30 and 40 years in retirement. Can we afford that? That's a reality nobody wants to talk about."

As for pensions, the norm once was "defined benefit." A retiree got so much money per month for life. Today, about three-fourths of new pensions in the United States are called "defined contribution," Crouch said. "When you retire, you get so much a month until the

money runs out."

Also, retirement often means an end to or increased cost of insurance for health and prescription medicine, plus the loss or sharp reduction of life insurance.

"People in their 60s and 70s are going to find out their pension is not sufficient to live on. They're going to have to work part time," Crouch said.

Green Thumb Inc., an organization that runs older-worker employment and training programs in 44 states for the U.S. Department of Labor, says workers 55 and older were 12.2 percent of the labor force in 1992.

The Bureau of Labor Statistics expects them to be 14.2 percent of the labor force by 2005.

To focus attention on an aging work force, Green Thumb, based in Arlington, Va., has launched a search for the country's oldest worker. The promotion also is to include selection of a most-outstanding older worker from each state. Nominees must work at least 20 hours a week.

A goal of the contest is "to rid folks of the myths about older workers — that they don't learn easily, they don't work consistently," said Pat Popp, director of a job training and placement program in the state Division of Aging.

"What we're trying to get across is that older workers do make good workers. They're conscientious. If they tell you they're going to be there, they'll be there," Popp said.



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Good food at fast food restaurants?

Nutrition specialist says it can be done

High school wrestlers might not believe it, but recently I came upon thoughts related to fast foods which can be beneficial.

According to nutrition specialist Nancy Clark of Brookline, Mass., "Fast foods are here to stay, and many of the quick-serve restaurants offer healthful, low-fat options."

While suggesting athletes also have available fruit and such things as granola bars to supplement carbohydrates, Clark outlines the "best" for active student-athletes.

In reading these, I found it unnecessary to add the names of fast-food sites because her advice relates more to food selection. Her list of best bets:

Breakfast: pancakes, syrup, orange juice and milk; hot cocoa is more appealing for higher carbohydrates than coffee. Or choose cold cereal, juice and a muffin with jelly. Bagels also are good if whole-grain with fresh fruit, juice and yogurt.

Sandwich: seek a deli that offers a sandwich with more bread than filling. Hold the mayo and add moistness with light salad dressings, mustard, or ketchup, tomatoes and lettuce. The best meat fillings are turkey, ham and roast beef.

Soup: hearty bean soups including minestrone, lentil and split pea soups, accompanied by crackers or crusty rolls. Chili, if not glistening with a layer of grease, also can be a good choice. Ideally, meals should be less than 30 percent fat.

Burgers: athletes with big appetites should order two small burgers (each with a roll) rather than a double burger with one roll to get more carbohydrates.

Red meat: a lean roast beef sandwich is better than burgers due to a lower fat content.

Salad bar: be generous with colorful vegetables, chick peas, kidney beans, pasta salads and hearty breads but carefully choose light dressings. Beware of Caesar salads.

Baked potato: order two potatoes, one plain and one with topping. By splitting the broccoli and cheese topping, for instance, between two spuds, an athlete can have a hearty 770-calorie carbohydrate-based meal that fuels the muscles. For added protein, drink a glass of low-fat milk.

Pizza: order one that is

See FAST, Page 3B



Tim Stephenson photo

Senior Mike Simpson goes up for a rebound. Granite City defeated Belleville West on Saturday night to advance to 2-0 in the Southwestern Conference and 6-1 overall.

Granite City pounds Belleville West by 17

Warriors remain unbeaten in conference

By Rick Broom
Staff writer

Chris Tindall's two-handed reverse slam with five minutes to play was an exclamation point in Saturday night's 63-46 victory against Belleville West.

The Warriors advanced to 2-0 in the SWC and 6-1 overall. Belleville West, which edged East St. Louis 45-43 on Friday night, fell to 2-2 overall and 1-1 in the conference.

"I think we had a great performance," Tindall said. "We were moving as a team, we were moving all together. It wasn't just one person."

"We got beat, and we got beat pretty soundly," Belleville West coach Bill Schmidt said. "Granite City came out and played a very good game. They were ready to play tonight and they came out with emotion, with determination, and we didn't match that. Once the game got rolling along, it kind of snowballed."

The Warriors led 29-22 at halftime, led by Tindall's 10 first-half points. Matt Pistorius added 9 points in the half and Kevin Elliot

knocked down two important 3-pointers.

"I think we all came out to play tonight," Tindall said. "We came out to play that Friday night (Dec. 4) against Edwardsville and we beat them by one. I think if we come ready, we have a heck of a team."

Pistorius scored 15 for the game and Elliot had 12. Senior point guard Zack May added 10 points and forward Mike Simpson threw in two to accompany his defensive work.

"That was a very good performance by all the young men," Granite City coach John VanBuskirk said. "They did their specific jobs very well."

"I think you saw just another aspect of Zack. He didn't have to score tonight, but he ran the ball, he kept everybody together by talking to them and running the floor. He did a good job."

Tindall's hot hand that pointed the way in the second half as Granite City stretched its lead. Whoever is hot, you have to get them the ball, and the other night I wasn't hot so I was giving the ball," Tindall said. "Tonight, I was hot so they were giving me the ball."

"Some nights, I'm shooting real well and some nights I'm not. I got here about two hours early tonight and I started shooting around and I've been shooting real well."

See GRANITE, Page 4B

ALL-JOURNAL (CLASS AA) GIRLS VOLLEYBALL TEAM

Panzau completes stellar comeback

Two years after injury, senior leads Maroons to state tourney

By Scott Marion
Staff writer

Nicole Panzau was determined to make the most of her senior volleyball season at Belleville West — and she wasn't disappointed.

A 6-foot outside hitter for the Maroons, Panzau recently was selected the Class AA Player of the Year by the Journal Newspapers of Southern Illinois.

Nicole, along with her twin sister Sarah and fellow senior Danielle Lowary, formed a hitting trio that was matched by few teams. Along with a solid supporting cast, they helped West compile a 32-8 record while reaching the quarterfinals of the state tournament.

"This year, there were times when Nicole was just about unstoppable," said Maroons coach Charles Rodman.

"Whether in Chicago or at the state tournament, when her approach and her arm swing were on, it was a point for us."

"In addition to her hitting, having her in the back row or blocking at the net made a big difference for us. We had the freedom to move her from the outside to the middle because she can do so many things. It may have been the first time in Belleville West history that we had an efficient, quick

attack.

"Nicole improved her movement on the court and her movement to the block. Both offensively and defensively, she became a more sophisticated player. She also has a variety of serves."

In addition to a team-high 329 kills, Panzau had 94 blocks, 186 serving points, 46 aces and 288 digs. In 438 serve-receiving attempts, she made only 38 errors. But the statistics, as impressive as they were, don't tell the full story of Panzau's impact on the court.

"You have to honor Nicole, which let our outside hitters be more effective," Rodman said. "Wherever Nicole was, you knew she would have one or two blockers on her."

Panzau's senior season was all the more impressive considering what she went through the previous season.

In June 1997, she tore the anterior cruciate ligament in her left knee while playing a tournament in St. Charles, Mo., for the Belleville-based Momentum club team. Against all odds, Panzau came back and played her junior year at West. She wasn't anywhere close to 100 percent, but still was impressive.

"I had a completely torn ACL, and I fractured my femur in four places," Panzau said.



T.L. Witt photo

Belleville West senior Nicole Panzau will continue her volleyball and academic career at the University of Missouri.

"It was probably the most pain I've ever been through. I wasn't back to 100 percent until after nationals this year."

"I had a really good rehab and I was determined to get back for my junior year."

Maybe it was a little early to come back and (the knee) was sore when I played, but they said it would be that way for a year. Now I don't have to wear a brace and it feels like it

never happened.

"I favored my knee so much that my other knee started to hurt me a little bit. It was a big mental thing I had to get through, but the brace helped a lot. Then I had to get used to playing without the brace."

Rodman wasn't surprised by Panzau's recovery.

See PANZAU, Page 5B

Warriors teams switch their places

Boys struggling, Girls on win streak

By Rick Broom
Staff writer

The Granite City boys and girls bowling teams are playing leapfrog.

The Warriors boys bowling team, which started the season at 2-1, has lost two in a row to fall to 2-3, 0-3 in the Southwestern Conference.

The Warriors girls, who got off the line at 1-2, have won two straight to improve to 3-2, 3-0 in the conference.

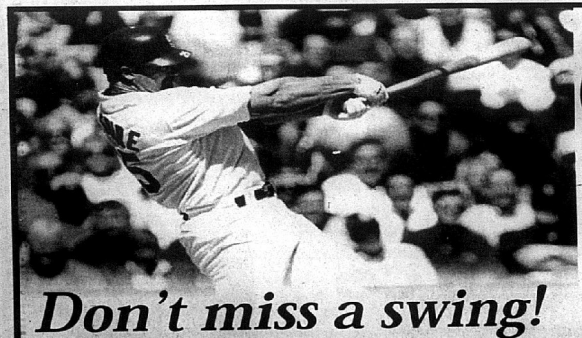
The boys fell 29-7 last Thursday to Edwardsville, despite a massive 757 series from Travis Papp. The powerhouse Tigers countered with matching 635's from Jason Reinbeck and Alan Haynes, a 589 from Tim Hansel and a 562 combination from Bryan Burnett and Casey O'Neal.

Burnett eased past Granite City's Paul Richter (574) in the third pairing of the first game by one pin. O'Neal snuck past Richter by four in game three.

Gary Brooks shot 570 and Brad Spies and Calvin Powell scored 470 for the Warriors, who have lost three in a row.

The girls had no such trouble. Francie Davis had a 478 to send the Warriors to a 31-5 drubbing of the Tigers.

See WARRIORS, Page 3B



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East St. Louis teams to participate in annual MLK Classic

Flyers and Flyerettes will play Jan. 18 at Kiel Center

Five St. Louis area high school teams and one from Kansas City, Mo., will participate in the seventh annual MLK Classic Sports Foundation/Coca-Cola/Majic 105 Dr. Martin Luther King Jr. High School Basketball Classic. The Classic is Jan. 18 at the Kiel Center. Tickets are \$8 for general admission and \$10 for reserved seating.

Tickets may be purchased from the following locations: Vashon High School, Cardinal Ritter High School, East St. Louis High School, University City High School, the Kiel Center box office, or by calling Dialtix at 969-1800.

The girls game is a duel between East St. Louis (6-0) and Kansas City Northeast. St. Louis Cardinal Ritter plays University City (Mo.), and St. Louis Vashon plays the boys team from East St. Louis (4-1).

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Tourney champs

The Metro Red Rangers 10-and-under girls won the Gateway East Heritage Classic, Oct. 24-25. The team went unbeaten in the tourney and beat the Collinsville Invasion 4-2 in the final. Members of the team (from left to right): In front — Megan Curtin, Nellie Long, Morgan Lockowitz, Gayla Foster, Lauren Fitzpatrick, Lauren Heidbrink; in back — Dale Shilly, Tessa Gavilsky, Kyla Nighohossian, Rachel Wille, Alaina Oakley, Kelsey Kurilla, Jaye Cromwell and coach Mark Lockowitz.



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P235/75R15 BLK 79

P235/75R15 OWL 88

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Warriors top McCluer North behind Suhre's hat trick

By Rick Broome
Staff writer

Ty Suhre scored a natural hat trick in the second period and the Granite City Warriors survived a sluggish performance to beat Florissant (Mo.) McCluer North 3-1 Saturday night in Mid-States Club Hockey Association action at Webster Groves, Mo.

"We played right with them. We could have easily beaten that team," Suhre said. "I know I had a couple of chances that I shot into the goal or put a little pressure on myself."

The Stars jumped in front at the 2:41 mark of the first period. Bill Cooper sent a pass from behind the net to Steve Mack, who fired a shot to beat Warriors netminder Matt Wojciechowski.

"I hate playing teams like that," Granite City coach Dave Yurkovich said. "You get in that slow-motion play and the next thing you know, you are giving them an opportunity to take the game away from you. We outshot them to death (9-1) in the first period and the score was 1-0 for them. You get yourself in that position where they can take the game away."

Granite City's top line of Greg Pritchard, Bob Scott and

Suhre took the game away from the Stars in the second period.

As a McCluer North power play expired, Suhre gathered the puck and moved to the outside to elude two Stars' defenders. Suhre found Scott in the middle and sent the rebound of Scott's shot past McCluer North goalie Pat Day.

Three minutes later, Suhre struck again, this time on the power play. He jumped on a loose puck in front of Day and lifted a backhand behind the helpless goaltender.

The Warriors closed the scoring at 9:01 of the second. Pritchard gathered the puck just inside the McCluer North blue line and controlled it until the defense collapsed on him. He threaded a pass to Suhre, who completed his trick with a low shot to Day's glove side.

"Greg fed it to me and the goalie dove over and I just kind of shot it right under him," Suhre said. "It was a great pass by Greg."

The Warriors outshot the Stars 32-13, but couldn't create any breathing room in the third period.

"A 3-1 game like that, all they have to do is get a junk goal and the next thing you know you are behind. That's all it takes," Yurkovich said. "They get traffic in front, the puck gets a couple of people and it's in the back of the net."

The Warriors have had trouble finding the net all season. They are averaging just 3.25 goals per game. The aggravation has been alleviated with the recent addition of Pritchard.

"Greg did a good job, but he stretched his groin," Yurkovich said. "He has been having some trouble with it. He stretched it early in the first period and it set him back for the rest of the game. In the second and third period, he couldn't forecheck, he couldn't really go in and dig like he wanted to. It's something that is just going to have to heal."

"Overall, the second line needs to do more. They need to be more productive and at least get some chances and tonight it seems like they were just all in this big lull because McCluer North was so slow, and we skated at that pace."

The Warriors improved to 3-1 with the victory. They face St. Charles County (Mo.) Fort Zumwalt North 7 p.m. Thursday at home.

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Warriors teams switch places

Continued from Page 1B

the Warriors.

Ashley Reynolds and Kristin Stovall combined for a 4-7. Shelly Pulaski and Jane Signall teamed up for a 3-8, while Melissa White and Andrea Bukovac scored a 3-7.

The Granite City boys were coming off a 31-42 loss to Collinsville and the Kahoks' Tom Partl, who nailed a 6-1 series. Granite City's Brad Sipes broke the 600 barrier in that match, with a 623 to pace

The Granite City girls knocked off the Kahoks 26-5 behind Ashley Reynolds' 5-7. Francine Davis had a 4-2 to help the Warriors seal the conference win.

The Warriors took on Collinsville again Tuesday night at Camelot Lanes.

They head to Panorama Lanes on Thursday to face Belleville East.

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Sports

Granite City tops Maroons in SWC clash

Continued from Page 1B

today." "Chris had a hot hand, but then you also had to credit the other kids for knowing that and getting him the ball," VanBuskirk said.

As the game wound to its conclusion, the Warriors sliced through the Maroons' press, getting easy baskets underneath. But early in the game, when the outcome was still in doubt, Elliot, Pistorius and Tindall were steadily draining medium- and long-range jumpers.

"They shot the ball very well and we shot the ball very poorly," Schmidt said.

Tindall had a "Tud" game. They didn't do anything that surprised us, they didn't do anything that we really didn't know about, they just did it with some pretty good perfection and we had no spark, no spark at all."

DeMarco Smith led the Maroons with 12 points. Travis Jones added 10 and Neal O'Donnell had 8, including two first-half 3-pointers to keep his team in the game.

The Maroons play Alton and Belleville East in conference action this week.

"We don't have to change anything," Schmidt said. "We just need to come out and do the things that we can do better."

The Warriors travel to Belleville East on Friday and host Jerseyville Saturday.

"We just want to continue to improve, that's what we are trying to do," VanBuskirk said. "We like where we are now, but we are not satisfied."

Warriors' effort impresses Maroons' Schmidt

By Rick Broome
Staff writer

Granite City knocked off Southwestern Conference foe Belleville West by 17

BOYS BASKETBALL

points Saturday night. Maroons coach Bill Schmidt, whose team had just beaten previously undefeated East St. Louis the night before, was impressed with the Warriors.

"This is a very good Granite City team, very well-coached, very good kids, real determined, tough-nosed ballplayers," Schmidt said. "They are an excellent team."

The Warriors are putting some distance between the past — last year's 10-game season-ending losing streak — and the 6-1 present. The Warriors have been motivated by erroneous forecasts in some media outlets.

"One of the reasons we are playing real tough is that in the paper they had us picked for last in the conference," said center Chris Tindall, who had 23 points, including two emphatic second-half slams, to top the Maroons.

"Right now we are first in the conference, so that just shows them that we aren't restructuring like they said. We just want to prove

everybody wrong and show them that we have a heck of a team and we are coming to play."

Granite City coach John VanBuskirk was pleased with the effort that motivated produced.

"It just was a good performance," VanBuskirk said. "Our defense was pretty good. We had some lapses — we're not where we want to be yet — but they are working toward it. It was a lot better than we did against Triad (Dec. 5 in a 50-48 overtime victory)."

"We are playing pretty good right now. I think we beat a good ballclub in Belleville West. They just upset East St. Louis

(Friday) night, and I'm sure it was hard for them to get back up again."

"But I'm giving a lot of credit to our kids. They did a good job, they really did."

VanBuskirk kept his five starters in the game until 1:16 was left in the fourth quarter. The engines never seemed to run out of gas.

"They work hard in practice," VanBuskirk said. "I didn't sub, but that's not to say that Teddy (Wallace) and some of the other kids aren't getting better and aren't ready to get in there. I just felt like we were all right the way we were. Nobody was in bad foul trouble so we just stayed with what we had."

The Warriors are keeping the hot start in perspective. They want a full season of positive, consistent effort in the conference, without a dip into the pool of overconfidence nor drowning in consecutive losses.

"I think sometimes a loss helps better than a win," Tindall said. "It shows you that you aren't the best, that you all just need to step up one more level, that you need to work out and run."

"I think that we can maintain this. I think we can even step up another level."

Player of the

nois in 1997.

athlete," said Charles F. Panzau, an

the kids fee

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All-Journal Class AA girls volleyball

First Team

Danielle Lawary, Belleville West: A senior and a three-year starter, Lawary led the Maroons with 181 blocks and a .317 kill percentage. She also had 232 kills, 184 serving points and 45 aces. She was the Class AA Player of the Year for the Journal Newspapers of Southern Illinois in 1997.

"Danielle is a total all-around athlete," said Maroons coach Charles Rodman. "She's remarkably quick for a big girl and she has strong but soft hands. She's a bit of a stoic on the court. Sarah and Nicole (Panzau) are emotional and Danielle is a counterbalance to that."

"When she goes to the net, the kids feel we have a force there. She can compete with

anybody. When she hits the ball, it's a total concussion. She played most of this season with a little bit of a knee injury. She was only 90 percent sometimes, but people still didn't know how to stop her."

Suzanne Gundlach, Althoff: The Crusaders' junior co-captain, who has started since she was a freshman, earned honorable mention all-state honors from the *Champaign News-Gazette*, along with teammate Emily Scannell.

"Suzanne played the middle the last two years, so this was her first year as an outside hitter," said Althoff coach Kathy Wuller. "She's an all-around good player. She's very good on defense and she's strong hitter. She has great ball control,

which makes her stand out more."

"Volleyball is her favorite sport and she works at it. As a co-captain, it means she has the respect of her teammates as well as the coaches. She's played on club teams for the past several years, and that always helps."

Sarah Panzau, Belleville West: A starter since her sophomore year, Panzau had a superb senior season, with 257 kills, 201 serving points, 41 aces and a team-leading 308 digs. She had 433 serve-receiving attempts with only 43 errors.

"A lot of people didn't realize just how good Sarah was until they saw her play," Rodman said. "She came alive the last two-thirds of the season. She got focused, her hitting became

very consistent and her passing was a little more accurate. Up in Chicago and at the state tournament, she played some very good volleyball."

"Sarah has a lot of fire and spirit. She brings the team up with her enthusiasm on the court. At times, she was an extremely efficient server."

Ember Knobloch, Mascoutah: A 6-foot senior middle blocker, Knobloch was one of the most powerful hitters in the Metro East. She earned honorable mention all-state honors from the *Chicago Tribune*.

Andrea Darr, Belleville East: A 5-11 senior, Darr was one of East's most versatile players. "Last year she was in our rotation of nine or 10 kids, but she wasn't a full-time starter," said Lancers coach Becky

McGarity. "This year, she was a primary passer and outside hitter for us. She led the team in kills and she was our go-to person."

"We needed another passer to go with Jen Dahm and I didn't know who would fill that spot, but Andrea did a super job there. She didn't pass at all in the back row last year."

"Andrea has played so much volleyball and her older sisters played, so she's very court-aware."

Second team

Liz Burton, O'Fallon: Autumn Dow, Collinsville. Olivia Rowe, Edwardsville. Nicole Edwards, Edwardsville. Karen Boyd, Triad. Mecca Olah, Belleville East.



Belleville West's state tournament qualifying team featured Danielle Lawary who led the team in blocks.

Panzau lifted West

Continued from Page 1B

come back and (the knee) was sore when I played, but they said it would be that way for a year. Now I don't have to wear a brace and it feels like it never happened."

"I favored my knee so much that my other knee started to hurt me a little bit. It was a big mental thing I had to get through, but the brace helped a lot. Then I had to get used to playing without the brace."

Rodman wasn't surprised by Panzau's recovery.

"It's a testimony to how much she was willing to work to achieve her goals," Rodman said. "As a sophomore, she was an outstanding player."

Last year was remarkable considering it usually takes at least six months to come back and play after a torn ACL. "I was a little nervous about playing her last year, but her doctor had released her. Her strength wasn't nearly as good as it had been, but even at 60 percent, she was still very good."

West's 1998 season — and Panzau's prep career — ended with a heartbreaking quarterfinal loss to Naperville Central at the state tournament. The Maroons looked terrible in the first game, losing 15-3, but rallied to win the second game 16-14 and had leads of 13-7 and 14-11 in the third game before losing 17-15.

"Getting to state was the

biggest accomplishment for the whole team," Panzau said.

"We got there and played great. There was nothing we did wrong in the third game. They just got a change of momentum and it hurt us."

"Nobody was upset with our season. We all played great." Panzau played club ball last summer for Team St. Louis, coached by Jay Potter and former Althoff coach Lisa Patterson.

"The club season really helped me out," Panzau said. "I got stronger and my vertical (jump) got higher."

Lisa Patterson taught me a lot more about the game and Jay Potter was great, too."

Panzau will continue her volleyball career next fall at the University of Missouri. "I visited Kansas and Kentucky and St. Louis U.," Panzau said. "I was going to visit Tennessee, but I had already made up my mind to go to Mizzou. Kansas and Kentucky have great schools, great programs and great coaches, but I want to be a nurse anesthetist and at Mizzou, the hospitals are right across from the dorms. It's really convenient."

"The players there were unbelievable. They were so nice to me when I came down for a visit. Dina Johnson is the head coach and Chuck Voss is the assistant. I was surprised, but (Johnson) said she wants me to come in and play (right away). She wants me to be one of our main passers."

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Horoscope

Wednesday, Dec. 16
The Sagittarian moon favors trips and explorations. When it comes to getting inexpensive rates or special perks, there is plenty of luck to go around. Shoppers buy imported gifts or search eclectic stores for original ideas. Start asking for the forgiveness of those you've hurt in the past, so you'll be ready to move on by the new moon Friday.

TODAY'S BIRTHDAY (Dec. 16) After experiencing a certain amount of drudgery, it may be hard to believe that life can be as easy, rewarding and fun as it's about to become. The changes begin when a friend recommends you for a job you never knew you were qualified for. The person you're dating appears cool but is actually falling in love. Involvement in charity gives you a greater sense of purpose.

ARIES (March 21-April 19) A new source of small but regular additional income materializes. Return that phone call from a charming admirer. Explore artistic talents and new possibilities for self-expression.

TAURUS (April 20-May 20) Someone's passive-aggressive actions could have you going when you want to stay. Luckily, travel is favored. Show the boss you care; appreciation soon follows. You're the model family member, on time and on your game.



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GEMINI (May 21-June 21) Trial and error in love could cause more confusion and resentment than it's worth. Instead, be gentle with the feelings of others. Friends ask for maximum benefits, and you'll do all you can to accommodate those you like.

CANCER (June 22-July 22) You've got a way of making up for lost time and will be extremely effective with other couples. Friendships are not seen in a while. Bond with kindred spirits while exercising.

LEO (July 23-Aug. 22) Even if a mate can't come, you'll have a blast getting to know other couples. Friendships are increasingly important, but be careful not to judge yourself based on the number of calls you get each day. You have bright holiday ideas.

VIRGO (Aug. 23-Sept. 22) You could tell the truth and be temporarily unpopular for doing so. Lighthearted pursuits turn heavy, and vice versa. Events help define your priorities and keep you well-rounded. You hate to say no but must do so now.

LIBRA (Sept. 23-Oct. 23) Focus on your work today, and keep your lusty nature at bay. Read the fine print of investments initiated at this time. Much expansion is possible now in your life, and there are growth opportunities galore.

SCORPIO (Oct. 24-Nov. 21) Someone who is unsympathetic in your eyes may show you just how he got this way. Worlds open to you once you choose to see things differently. Slow progress at work leads to more dependable income in the new year.

SAGITTARIUS (Nov. 22-Dec. 21) You are social and able to make solid and meaningful connections with others. Use your vast mind and creative imagination to develop future goals. Time with a partner helps heal the relationship tonight.

CAPRICORN (Dec. 22-Jan. 19) A pushy friend is not giving his or her fair share. People who want to have it all their way are toxic to you. You may not even want to call people back or socialize much. This is a sign you need to take care of your own needs.

AQUARIUS (Jan. 20-Feb. 18) Stand firm, but don't seek control for its own sake. Your sex appeal attracts a lover like a magnet. Circumstances may surprise you, and you are delighted to know that not everything is so predictable.

PISCES (Feb. 19-March 20) Avoid a showdown at work, and don't lay your feelings on others. You may feel out of control, but it will pass. Finish projects to avoid conflict. It's a terrific day to transform your budget and utilize your imagination.

EDITOR'S NOTE: Horoscopes have no basis in scientific fact and should be read for amusement only.

Movie Schedule

Film timetable for Wednesday, Dec. 16. For times on other days or to confirm these times, check local theaters.

NAMECKI CINEMA
30 Namecki Village, 877-6630
The Siege (R) 7:15
The Waterboy (PG-13) 7:00

O'FALLON 15 CINE
1320 Central Park Dr., O'Fallon, Ill., 822-4800
The Rugrats Movie (G) 12:45, 2:45, 4:45, 7:00, 9:00
The Rugrats Movie (G) 1:45, 3:45, 5:45, 8:00
Very Bad Things (R) 12:50, 3:10, 5:35, 7:50, 10:00
Ringmaster (R) 1:50, 4:20, 7:10, 9:20

Bug's Life (G) 1:00, 3:15, 5:25, 7:45, 9:55
A Bug's Life (G) 2:15, 4:25, 7:15, 9:25
Living Out Loud (R) 2:00, 4:15, 7:05, 9:40
The Waterboy (PG-13) 1:30, 3:30, 5:50, 8:00, 10:00
The Waterboy (PG-13) 2:30, 4:30, 7:00, 9:00
Star Trek (PG) 1:15, 3:35, 5:55, 8:15
Trek (PG) 2:25, 4:50, 7:15, 9:45
Meet Joe Black (PG-13) 1:00, 4:30, 8:10
Pleasantville (PG-13) 2:30, 5:20, 8:05

ST. CLAIR 10
50 Ludwig Drive, 388-8283
Enemy Of The State (R) 1:15, 4:15, 7:00, 9:30
Enemy Of The State (R) 2:15, 5:15, 8:15
The Wizard Of Oz (G) 1:10, 5:00
Home Fries (PG-13) 7:10, 9:10
I Still Know What You Did Last Summer (R) 1:50, 4:30, 7:00, 9:20
Psycho (R) 1:30, 4:00, 7:05, 9:35
Psycho (R) 2:30, 5:05, 8:00
I'll Be Home For Christmas (PG) 1:35, 5:15, 7:40, 9:45
Jack Frost (PG) 1:20, 5:50, 8:30
Jack Frost (PG) 2:00, 4:45, 7:15, 9:40
Babe (G) 2:20, 4:20, 7:20, 9:20

SHOWCASE 12
EDWARDSVILLE
6532 Center Grove, 659-7469
Star Trek (PG) 5:20, 7:45, 10:05
Star Trek (PG) 3:50, 7:00, 9:40
Psycho (R) 5:10, 7:40, 10:00
Enemy Of The State (R) 4:00, 7:30, 10:10
The Rugrats Movie (G) 4:30, 6:30, 8:50
The Waterboy (PG-13) 4:45, 6:50, 9:00
Bug's Life (G) 4:20, 6:40, 9:00
A Bug's Life (G) 4:50, 7:15, 9:30
Meet Joe Black (PG-13) 4:30, 8:10

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The Duplex Homes of Eden Village is a division of Eden Village, a not-for-profit organization affiliated with Eden United Church of Christ. Eden Village also offers Apartments, The Center, a skilled nursing care center with an Alzheimer's Unit, and the new rehabilitation Therapy Center.

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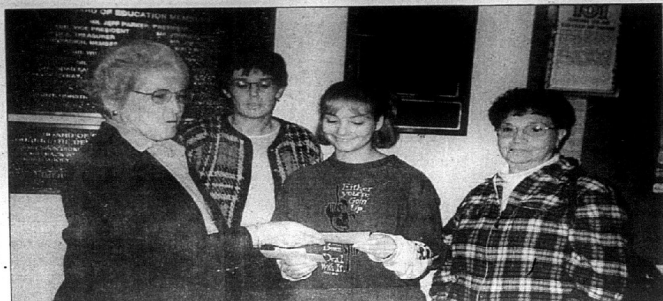
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Chouteau clerk Overton named to board of directors

Chouteau Township Clerk Barbara Overton was unanimously elected to serve as a member of the board of directors of the Township Officials of Illinois (TOI) during the association's 91st annual educational conference, held in Peoria Nov. 8 to 11. The Township Officials of Illinois, the largest statewide organization of its kind, annually conducts a series of training programs and educational conferences, with the November educational conference being the largest. TOI serves as an informational clearing house for member townships as well as members of the Illinois General Assembly, members of Congress and federal and state agencies.

The keynote speaker of the conference was professor Michael Bakalis of Northwestern University in Evanston. Sharing the opening session were Tom Hughes,

Assistant State Comptroller; Dr. Paul Green, professor of public policy and administration at Governors State University in Springfield; Edward Stasiewicz, TOI director of legislation; and TOI Executive Director Bryan E. Smith, with the state of the association message. More than 1,000 delegates discussed facing supervisors of general assistance, township road district commissioners, assessing issues and a series of subjects including township finance, senior citizen and youth issues, township legislation and lawmaking policy, marketing meetings work and planning for Illinois townships and other topics. "Members of this association and all local government officials face many challenges," Barbara's leadership qualities will help all of us meet and overcome the challenges," said TOI executive director Bryan E. Smith.



DAV donation

Granite City Disabled American Veterans Auxiliary Chapter 53 recently presented a donation to Granite City High School student Joanna Greenspan for a trip to Washington she will be taking soon. From the left are chapter commander Nancy Colby, GCHS counselor Carla Finkes, Greenspan and chapter treasurer Mary Scarsdale.

Contributed photo

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NCUA

Chapter holds holiday celebration

A total of 12 members and 14 guests attended the annual Christmas party of the ETA Alumnae Chapter, Phi Tau Omega Sorority, held Dec. 2 at the Legacy Golf Course clubhouse. Officers of the organization were in charge of arrangements. They were Ann McDowell, president; Mary Evelyn Yenino, associate scribe; and Millie Jungles, treasurer. Other members attending were Frances Hartman, Helen Hoelscher, LaVeeda Knobbe, Marguerite Lexow, Elsie Rodell, Jan Stuart, Mary Tonish and Lois Winter.

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Holiday Gift & Dining Guide



Colorful markers sure to give everyone enjoyment

Pen, pencil sets bring out the artist's touch in all your gift recipients

Everybody wants to give a useful gift that people will enjoy and you might be surprised to find great gifts are available at stores outside the packed malls.

Here are some ideas from Sanford, makers of Sharpie(R) permanent markers and a world leader in writing instruments and art supplies.

Parents are always looking for gifts that are fun and educational for their children. Assembling a creativity kit is a perfect solution.

Find a durable plastic container with a handle and fill it with Colorific(R) creativity products for kids such as Colorific Markers (which won't dry out, even left uncapped for three days), Colored Pencils, Watercolor Pencils, Erasers, Rulers, Watercolor Paints and Brushes, Oil Pastels and Erasable Crayons.

Add coloring books, construction paper, stickers, glitter, glue, scissors and anything else that will help them get creative.

This is also a great idea for those with lots of nieces and nephews. Just make smaller kits packed into a Spacemaker(R) school box for each of them.

Instead of agonizing over individual gifts, spend time decorating and personalizing each child's creativity kit with Sharpie permanent markers and uni-paint pens. You're guaranteed a very colorful and creative thank-you note.

Sanford's classy Silhouette(TM) pen and mechanical pencil gift set is ideal for parents, clients, students and teachers. This set of high-quality, refillable instruments has a distinguished,

elegant look with gold-colored clips and accents.

A rubberized grip adds comfort without detracting from the appearance. The Silhouette gift set is packaged in a special box that's perfect for wrapping and setting under the tree (\$20.99).

PhD(TM) pens and mechanical pencils from Sanford also make great gifts. This ergonomic pen features a triangular grip that virtually eliminates writer's cramp. Oversized barrels in Black or Black Cherry feature executive styling with chrome accents (\$7.99).

PhD and Silhouette are both available at office products superstores or anywhere writing instruments are sold.

If you know an artist, the perfect gift is easy: art supplies are always useful and sure to bring enjoyment.

Prismacolor(R) — the leader in professional art-quality writing instruments — has three special products for the holidays.

When you buy a 48-color set of Prismacolor Thick Lead Colored Pencils, you get six of Sanford's new Prismacolor Watercolor Pencils and the new Prismacolor Pencil Colorless Blender for free (\$80.40).

For colored pencil artists who are willing to try something different, why not give the new Prismacolor Watercolor Pencils? These have the same smooth, thick laydown of Prismacolor colored pencils, but artists can create the effect of a watercolor painting by dabbing with a wet watercolor brush.

To introduce this new product, Prismacolor is packaging a 36-color set with apad of watercolor paper and a Grumbacher(R) watercolor brush (\$37.30).

Sanford also offers the Prismacolor Drawing Kit, which is perfect for college students and any artist on the go. This durable case is filled with Prismacolor colored pencils, art-quality graphite pencils in various leaddegrees, a Sharpie marker, art erasers and much more (\$28.77).

If the stockings hang limp by the fireplace, pack them full of writing instruments for the whole family. To make this a festive gift, roll in wrapping paper, twist the ends like candy and tie with ribbon.

For kids, one sure bet is pencils, erasers and coloring supplies with Nickelodeon's(R) popular Rugrats(TM) characters.

Colorific coloring markers are also fun and have three-day cap-off time so they won't dry out quickly. Other kid favorites are Style Writes fashion pencils and Major League Baseball licensed pencils and erasers.

For teens and adults, drop in some pens from the Uni-ball(R) gel line. Available in a rainbow of colors, with or without grips and in three different point sizes, there's sure to be a Uni-ball gel that will please.

You can also add ACCENT(R) highlighters, colorful Sharpies or other uni-ball rollerball pens. Uni-ball is so smooth, writing thank-you notes will be a pleasure for once.

Be sure your car is safe before embarking on holiday travel

A quick check can avoid problems

The National Automotive Parts Association (NAPA) offers the following checklist to ensure safe holiday travel.

"A safe family road trip begins with car maintenance to avoid unexpected repairs down the road," said Steve Handschuh, president of NAPA. "It also takes advance planning and preparation, which can prevent major glitches."

NAPA recommends the following safety checklist:

Supplies — The standard tool box, jack and spare tire should be kept in the trunk at all times. If snowy conditions are in the forecast, snow tires or chains should be included.

In addition, it's wise to carry a map, car manual, emergency numbers, cell phone, flashlight, ice scraper, drinking water, blankets and walking shoes. Don't forget to charge a cell phone the night before leaving and to purchase new flashlight batteries.

Maintenance Tires, including the spare, should be checked and inflated to the proper levels. Tread can be checked by inserting a penny, placing Lincoln's head in first, and if any part of his head shows, then the tread has worn past its legal limit.

All six major fluids should be checked before leaving, which include oil, antifreeze, brake, transmission, battery and windshield washer. Good working windshield wipers are critical to allow for proper vision during a winter down-pour or flurry.

Check lights to ensure all bulbs are working. It's also recommended that a car battery and charging system performance be tested by an ASE-certified technician.

Packing Heavy items should be anchored down in the trunk or in the back of the car. Anything that's not buckled down in a vehicle can become a high-speed projectile in a sudden stop or crash.

Security Traveling to unfamiliar destinations means families should review proper safety procedures with their children, including always wearing a seat belt. This discussion is more effective if done at the dinner table the night before leaving, rather than after an incident has occurred.

When en route, be sure to lock all doors and remove the keys from the ignition when parked, even if it's only for a quick rest stop.

Rest stops Drivers should take a break every two to three hours. Ninety percent of car accidents could be avoided if drivers had been more alert and able to react a second or two earlier.

If a roadside problem occurs, travelers may call toll-free (800) LET NAPA to find the closest NAPA AutoCare Center where ASE-certified automotive technicians, AAA members wanting a tow may call toll-free (800) 222-4357.

There is a significant increase in counterfeit merchandise flooding the marketplace that shoppers need to be aware of during the holiday shopping frenzy, according to research conducted by Michael G. Kessler & Associates, Ltd., an internationally renowned corporate investigative firm.

"Stores are offering name-brand merchandise at incredible savings," declares Michael Kessler, president chief executive officer of the firm.

Kessler indicated even street vendors are hawking designer watches, fragrances, handbags, clothing, toys, software and collectibles.

"We are not free from the madness when turning on our home computer," he said, "since we are met with a bombardment of e-mail sale circulars and cyberstore fronts."

Kessler & Associates decided to see if price was the only thing consumers had to be concerned about when shopping this time of year. Responding to offers online, at flea markets and even some at well-respected shopping clubs, they found there is more to consider than the cheapest price.

What they ended up with in many cases was a lot less than they paid for.

"Counterfeit merchandise is found in epidemic proportions out there. Today's shopper must be very cautious before attempting to purchase name-brand merchandise, especially when the prices seem below the norm," warned Kessler.

The firm followed up its investigation with a nationwide survey to see how well-informed shoppers are and if they were taking the necessary precautions to protect themselves from purchasing bogus merchandise.

The firm's findings were surprising. Few shoppers knew what they needed to do to safeguard their hard-earned money and ensure they were not being tricked by over zealous merchants.

Kessler's warnings to consumers during the biggest shopping season of the year are simple. Protect yourself and loved ones from being victims of counterfeiters by taking some simple steps to assure that what you are buying is genuine.

Only purchase name brand merchandise from reputable stores.

Only purchase merchandise in original packaging.

Check to see if labels appear blurred or torn.

Carefully check to be sure product names are not misspelled or altered.

Counterfeit merchandise floods holiday store shelves

Consumers need to be aware for fakes

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American Greetings' experimental studio produces unusual consumer Christmas cards

It is quite possible the Christmas cards and wrapping paper you use this holiday season may have originated as a slab of clay, a block of wood or a sheet of linoleum in an experimental studio at American Greetings.

The Media and Techniques Studio provides a forum for

the company's artists to "stretch their wings" and learn new fine arts techniques to apply to Christmas cards, wrapping paper, gift bags and other products.

"The work done here has allowed American Greetings to introduce many firsts," said Dan Chrzanowski, who

oversees the studio. "Most of these techniques are not commonly used in the commercial art field, much less the greeting card industry."

Cloisonne enameling, linoleum cuts, encaustic painting, intaglio print-making, ceramic silk-screening and paper plate lithography are just a few of the fine arts practiced in the studio and then photographed to create a museum-quality look on American Greetings Christmas products.

Among the holiday products originating from the studio this year are gift bags, Christmas cards and gift wrap featuring a whimsical snowman design. The design was created by photographing a ceramic relief tile created by American Greetings planner/designer Val Lesiak.

To produce the tile, Lesiak rolled out white earthenware clay. Then, using a sharp instrument, she described the drawing on the clay, air dried it and kiln-fired it to a temperature of 2200 degrees Fahrenheit.

Lesiak then hand-painted the tile with several colors of glaze and fired the tile a second time to bring out the final vibrant colors. The finished ceramic relief was then photographed for use on American Greetings Christmas products.

Why take the extra time and trouble of creating and photographing a tile instead of painting a design?

"This method enabled me to achieve a dimensional look and a subtle gradation of color that would not have been possible through any other technique," Lesiak explained.



Wishing everyone a very Happy & Joyous Holiday Season

GRANITE CITY STEEL & COMMUNITY FEDERAL CREDIT UNION



Holiday Gift & Dining Guide



Gift survey says: Men buy wanted gifts, women buy needed gifts

Men are most likely to purchase a holiday gift they know their spouse really wants. Women, on the other hand, are likely to choose something they think their husband should have.

So says the Wild Turkey Bourbon 1998 Holiday Gift Giving Survey.

Surprisingly though, 95 percent of the husbands polled said they never received a gift they didn't like. If they did, it was usually some type of apparel.

According to Lynda Fitzgerald, Wild Turkey brand

manager, there were some surprising fundamental differences in the buying habits of men and women revealed by the survey, which was conducted by Beta One Market Research on behalf of Wild Turkey.

For instance, one-quarter of the couples surveyed admitted they had actually forgotten to buy their spouse a gift due to the hustle and bustle of the holiday season. Men were more likely to have forgotten than women, and the longer a couple was married, the more likely they were to forget.

In contrast, 86 percent of newlyweds — those married less than three years — said they have never forgotten to buy their spouse a gift. The majority of couples (57 percent) always exchange gifts.

Overall, husbands and wives strive to buy something the other person wants. Men tend to be more romantic and buy women personal or intimate items or something they really want them to have. Women, however, have a more practical outlook when purchasing for their spouse;

they are apt to buy something functional as well as personal or intimate. Wives are also much more likely to buy their husbands something related to the household.

Are these gifts a hit? They sure are. According to 97 percent of respondents, reaction to the gifts they give is overwhelmingly positive. Is the feedback believable or is their spouse merely being polite? Apparently it's for real; those surveyed revealed that they believe the feedback is true. Perhaps the true test is whether or not the gift was

used and 96 percent reported that it was.

The survey also indicated that couples tend to be rather generous with one another. The majority of couples (85 percent) buy two or more gifts for each other. On average, men will buy two to four gifts for their wives, and wives will buy five to 10 gifts for their husbands. How much are they willing to spend? A whopping 56 percent spend over \$150 on their spouse, while 26 percent spend between \$100-150.

Interestingly enough, quite a bit of advance thought goes

into gift giving between spouses. The majority of both men and women plan their purchases four to six weeks ahead of the holiday, and most purchases are made two to six weeks in advance.

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Toys for disabled children can be somewhat difficult to find

Holiday time is exciting for all children, and children with disabilities are no different.

There are nearly 6 million children with disabilities (including 12 million children with schoolchildren) who will receive holiday gifts this season. Yet, because gift-givers are afraid of selecting the "wrong" toy, many children with disabilities find pajamas and socks wrapped up in those brightly-colored boxes.

Not the toy of their dreams.

The National Lekotek Center recommends the following Top Ten Tips for Buying Toys for Children with Disabilities:

- Multi-sensory appeal: Does the toy respond with lights, sounds, or movement? Are there contrasting colors? Does it have a scent? Is there texture?

- Method of activation: Will the toy provide a challenge to deft frustration? What is the force required to activate? What are the number and complexity of steps required?
- Adjustability: Does it have adjustable height, sound speed, level of difficulty?
- Opportunities for success: Can play be open-ended with no definite right or wrong way? Is it adaptable to the child's individual style, ability and pace?
- Child's individual characteristics: Does the toy provide activities that reflect both developmental and chronological ages? Does it reflect the child's interests?
- Self-expression: Does the toy allow for creativity, uniqueness and choice-making? Will it give the child

experience with a variety of media?

- Potential for interaction: Will the child be an active participant during use? Will the toy encourage social engagement with others?
- Safety and durability: Consider the child's size and strength in relation to the toy's durability. Is the toy and its parts sized appropriately? Can it be washed and cleaned? Does the toy have moisture resistance?
- Where toy will be used: Will the toy be easy to store? Is there space in the home? Can the toy be used in a variety of positions, such as side-lying or on wheelchair tray?
- Current popularity: Is it a toy most any child would like? Does it tie-in with popular books, TV programs, movies,

etc.?

"With thousands of toys on the market, it is hard for parents to know which types of toys are good matches for their children," says Beth Boosalis Davis, Executive Director of the National Lekotek Center. "We have received thousands of requests from parents asking us to help them identify those toys that will bring success, rather than a sense of frustration to their children."

This Top Ten List should give parents and their family members more confidence when they go to the stores to make their toy purchases.

The National Lekotek Center offers another solution for families of children with disabilities by providing the Lekotek Toy Resource Helpline

at (800) 366-PLAY, a toll-free service that anyone can call to talk with trained play experts. Callers get a friendly, caring Lekotek staff member who makes individualized recommendations about appropriate toys and play activities for a particular child and offers referrals to other disability-related resources.

The National Lekotek Center leads the way for accessible play for children with disabilities and their families through a nationwide, non-profit network of 62 play centers, toy-lending libraries and computer play programs.

For more information, call (800) 366-PLAY or visit their web site at <http://www.lekotek.org>.

Accidents more prevalent during holiday season

Even the most safety-conscious person can have an accident and end up in the emergency department — particularly during the holiday season, when accidents are more likely to occur.

The American College of Emergency Physicians (ACEP) also is concerned that some people won't seek necessary help because some health plans have put up

financial or administrative barriers that can delay or prevent patients from getting proper emergency treatment.

That's why ACEP supports "prudent layperson" legislation that requires health plans to pay for emergency benefits if they're offered. Therefore, before you leave home, find out the details about your health insurance coverage for emergency

department visits. Ask your insurance provider how they define a health emergency, and whether you need to call for permission before visiting the emergency department.

The hospital location is also important. Can you go to the hospital of your choice? What if you're traveling away from home? If your insurance provider requires notification before treatment, ask if

they're available 24 hours a day to approve your visit.

What can go wrong? Surprisingly, some of the most common risks during the holidays are fire and falls.

Here are some holiday safety tips from New York emergency physician Elaine B. Josephson, M.D., that may help make this holiday safer for you and your family:

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Winter weather can take toll on gardens

But good preparation can help save your plants

There are many ways that winters' cold can affect and damage plants in our garden and landscape.

For plants which are genetically less hardy and cannot withstand cold temperatures, outright freeze damage to buds, crowns, trunks, limbs or even roots can occur. Plants weakened by insects and diseases or which do not harden-off well prior to winter onset are also more sensitive to freeze damage.

Sunscald is the result of freezing of woody tissues at night after they have been warmed and softened by a sunny, mild winter's day. The damage usually occurs on the south- (sun) facing portions of the trunk and larger limbs and can even happen to plants rated as hardy for the region. Smooth- or thin-barked trees are often more susceptible to this type of damage.

Frost heave damage is caused by the freezing of soils. Exposed soils can expand and contract as temperatures fluctuate and freeze, then thaw, the water contained in them. The most common effect on plants is damage to root systems and new and shallowly rooted plants are hardest hit.

Winter desiccation or excessive drying of tissue can occur even when leaves are not on plants. Buds, stems, twigs and limbs continue to respire or breathe even in winter months.

Dry soils and steady winds can dry above ground plant parts, making what may be normally hardy tissue more sensitive to cold temperatures. There are several perennial garden vegetables and fruits that can benefit from winter protection.

Asparagus and rhubarb

crowns though hardy, should be mulched with straw or shredded leaves to protect from excessive frost heaving. Newly planted asparagus and rhubarb are especially sensitive and will benefit from protection. With asparagus growing in more exposed areas, leaving old fern stalks will help to catch snow, which acts as insulation.

If you have had excessive disease (asparagus rust) or insect damage (asparagus beetle) during the growing season it is better to remove old ferns in the fall and cover rows with a 4- to 6-inch straw mulch.

Often, strawy manure is used in asparagus and rhubarb as fall mulch; however, be careful not to cover rhubarb crowns directly with manure. As spring approaches, be sure to uncover rows so that soils can warm and emergence is not hindered. Straw can be left between rows as mulch to hold down weeds and cushion paths.

Strawberries are shallow rooted and the roots can also be somewhat brittle. Even though crowns are hardy, they should be mulched to minimize frost heaving, which can damage both old and new plantings.

Once temperatures have fallen to the 20-25 degree mark, and plants are dormant, apply a 2- to 4-inch layer of wheat straw. Be sure to scatter the straw and not lay heavy flakes over the crowns. Straw is a good insulating material because of the air contained in the hollow stems, and crowns have some breathing room under the mulch. Other mulching materials generally are not as satisfactory for strawberries.

With brambles, both raspberries and blackberries

can be susceptible to cold damage by freezing of crown and stem tissues and by desiccation. Thornless blackberries in particular are not hardy in sub-zero temperatures and can be damaged outright by cold.

Though extra work, canes can be taken off trellis wires and laid out on the ground and mulched for protection.

Raspberries, though generally hardy, can dry out during freezing and dry periods when water is unavailable, leaving crowns and stems more susceptible to cold as they desiccate. Water during dry spells when possible and mulch with compost, shredded leaves or straw to protect crowns in all brambles.

Lastly, fruit trees such as peaches and apples have bark types that can be damaged by sunscald. Painting trunks with white latex paint can protect them. The white coating will help to reflect warming rays of the winter sun, thus keeping bark from warming and "splitting" during the day, making it less sensitive to nighttime temperature drops. Always use latex versus an oil-based paint, which can damage bark.

There is little the gardener can do to decrease absolute cold damage to less hardy trees such as peaches and nectarines. However, make sure that soils do not dry excessively, and mulch and water new trees if necessary to ease winter desiccation.

Also, even though we are past that time, remember to avoid fertilizer application in the late summer and early fall, which can delay dormancy and affect hardiness as winter sets in.

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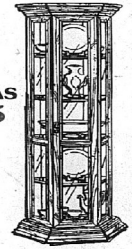
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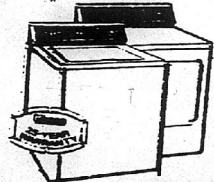


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Today's Food

Today's Food on-line, www.yourjournal.com

Wise Ways

Tuck good wishes
into bag or basket

See Page 2

Food & Nutrition

Hearty-Bites

Set a course with mainstay of smart eating amid the plenty.

INSIDE

Blue Ribbon Cook

Eggnog and cranberry flavors mesh into wild, wonderful combo.

INSIDE

Test Run

Stuffed jalapeno peppers make warm appetizer straight from freezer to oven to plate.

INSIDE

Micro Raves

Party hosts, microwave oven and freezer form food prep trio that gets carolers out of the kitchen and on the road quickly.

INSIDE

Lively Taste

Make meatloaf into a party dish with ingredients that heighten its flavor and brighten its looks. Combine 2 pounds lean ground beef, 1 can (12 ounces) corn (drained), 1 can (14.5 ounces) Mexican-flavored stewed tomatoes (drained with liquid reserved), 1 can (2.25 ounces) sliced ripe olives (drained), 1 egg (beaten), 1 cup uncooked oats, 1/4 cup sliced green onion and 1-1/2 teaspoons ground cumin. Mix well. Press into lightly greased 8- or 9-inch pie pan. Bake in preheated 350 degree oven 1 hour. Remove from oven. Let stand 3 to 5 minutes. Simmer and stir reserved tomato liquid in a small skillet over medium heat to thicken it; add a little Mexican-style tomato sauce to hasten process. Drizzle a thin layer of thickened liquid onto individual plates and serve wedges of meatloaf on top.

Health & Fitness

Medicine Chest

Patients' interest in alternative medicine has grown faster than doctors are able to build these treatments into their practice. New evidence suggests that Chinese herbal medicine is effective in treating irritable bowel syndrome. A recent report in the *Journal of the American Medical Association* said, however, some remedies have not been found to be effective. One of those that disappointed those hopeful of finding an effective weight loss agent was garinia cambogia.

Fresh Picks

Float fruit in punch for a bonus. Grapes, cherries and pineapple sink; berries, sliced oranges, nectarines, peaches and starfruit float. Fruit also can be frozen in a ring to keep punch cold. The punch stays refreshing as the fruit and ice melt. Ice frozen in a star-shaped mold is attractive with slices of starfruit (carambola) floating at its edges. In lieu of a punch bowl, use a large bowl or pot and decorate the table with a bowl.

Big Fat Tip

Switch to a natural thickener, rather than using cream, in New England Chowder. Cook 2 large potatoes (1-1/2 pounds) in boiling water until tender, then cool. Peel. Cut in chunks. Simmer 1 cup minced green onion, 1 cup minced celery and 1 cup sliced carrot in 3 cans (14-1/2 ounces each) chicken or vegetable broth about 15 minutes until tender. Reserving vegetables, strain broth into blender and add potato. Puree until very smooth. In a heavy pot, simmer puree and vegetables 15 minutes, stirring occasionally. Add 1 can (6 ounces) tuna to soup. Cook 5 minutes longer. For clam chowder, replace 1 can broth with 1 jar (8 ounces) clam juice and use 1 can (6.5 ounces) minced clams instead of tuna. Top each serving with minced parsley or sliced green onion.

Future Shop

For those who like to serve an "in" wine, merlot is becoming hot. Wines from Italy and France run neck-to-neck among imports, while domestic table wine is chosen four times as often as imported. Chardonnay is the top-selling varietal, followed by white zinfandel, cabernet, merlot, then sauvignon blanc.

Light Up the NIGHT



By Janice Denham
Staff writer

Candles, music, friends, relatives and food brighten the longest nights of winter. Somewhere between "O Tannenbaum" and Feliz Navidad come those moments when candlelight and smiles relax tension and give a feeling, even if it is fleeting, that there is hope for people and the world. To set the stage for sharing good feelings at a gathering, turn down the canned lights and fire up the candles. The atmosphere changes immediately. Set out a few appetizers and serve well-chilled drinks to welcome guests. Make up punch according to flavor preferences. For holiday punch light in color and bright in flavor that mixes easily at serving time, combine a 2-liter bottle of a sweetened citrus beverage, 1 liter raspberry-flavored

water and 1 liter ginger ale. If desired, add pineapple juice. Serve over an ice ring frozen in which fresh grapes and maraschino cherries are frozen. For those who like to nurse drinks, even non-alcoholic punch, keep crushed ice next to the bowl. Sparkling wine or champagne adds a light touch to an evening with adults. It finds flavor matches with salty foods as well as brie and parmesan cheeses. Cilantro, tarragon, parsley, cumin and ginger are spices that highlight it. Avoid serving it alongside very sweet foods. Adult tastes look forward to old, familiar dishes, but they also appreciate the effort of a single new appetizer, too. It might be a smoked trout spread. Mix 1 package (8 ounces) cream cheese, softened, and 2 tablespoons butter, softened, until smooth. Stir in 4 ounces hot-smoked lake trout (salmon or other smoked fish can be used), 1/4 cup (2 ounces) crumbled blue cheese and 1/4 cup toasted, finely chopped walnuts. Mix together well. Spread or pipe about 1 teaspoon mixture onto base of each leaf separated from 1 or 2

heads of Belgian endive. Garnish with more toasted walnuts. Refrigerate until serving time. To use on crackers instead of greens, chill the spread first. Appetizers are supposed to whet the appetite for even better foods to come, if dinner is being served, so it is not necessary to serve an over-abundance. High-fiber crackers give a feeling of satiety and often have more flavor, so a spread for them should match that impression. Try one with roasted red peppers that is almost fat-free. In a blender, process 1/2 cup nonfat sour cream, 1 tablespoon parmesan cheese, 1 clove garlic, 1 teaspoon sugar, 1 teaspoon Dijon mustard and 1/4 teaspoon coarsely ground pepper until smooth. Add 1 jar (7 ounces) roasted red peppers, drained. Blend, using on-off motion, until peppers are coarsely chopped. Remove the mixture from blender, then stir in 1/4 cup minced scallion and 1/2 teaspoon leaf basil. Chill the mixture at least 1 hour before

See LIGHT Inside TODAY'S FOOD Page 2

Puckery Pomanders



Rick Graefe photo

People originally wore pomanders around their necks as a supposed guard against infections. Similar to potpourri, they now are used for decoration and to scent closets and drawers. As the fruit dries, a spicy aroma permeates the area around it.

You need a piece of fruit — orange, lemon or apple — and a box of whole cloves. The best way to make a pomander is to cover it completely with the cloves to avoid seeing the darkening fruit, but they can be applied in rows, too. To do this, or to gauge density, draw a spiral line in ink around the fruit. If necessary, puncture the flesh first with a toothpick; keep the hole small so the cloves stay in. Place them close together.

A bow or other decoration can be secured with a straight pin, paper clip or pipe cleaner. Hang the pomander from a looped ribbon.

Kids' Cuisine

Today's Food

Cookbook celebrates foods that keep us warm in winter

When the days are short and temperature drops, the kitchen seems to be the most welcoming spot in the home. Although the obvious answer might be a simple matter of keeping warm, anyone who spends time in the kitchen knows there is more to it than that.

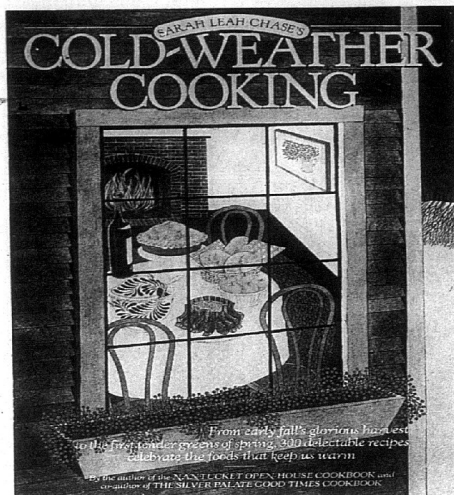
Like experienced gardeners, good cooks know their seasons, while hearty appetites thrive on cold weather.

For when the house is filled with winter appetites, or just your own, a new 418-page cookbook, "Cold-Weather Cooking," is ready with more than 300 recipes that fill the kitchen with hungry souls.

The book includes a broad range of traditional favorites and dishes destined to become favorites, rounded out by chapters devoted to holiday menus (including beverages), soups, seafood and more.

From Autumn Pork Roast and Oven-Roasted Fall Vegetables to Mexican Scrambled Eggs and German Apple Torte, "Cold-Weather Cooking" has something to warm every winter appetite.

"Cold-Weather Cooking," by Sarah Leah Chase, No. 7, costs \$19.95, including handling and delivery in three to four weeks. For rush delivery in seven to 10 days,



Winter appetites respond to flavors and dishes that recognize their needs.

add \$3. To order by mail, clip this article and send it with a check or money order to: U-Bild Features, c/o Suburban Journals of

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Healthy course easier with well-marked map

By Terri Edelstein
Correspondent

The holiday season is a time for celebrating, socializing, giving, receiving and — not the least — eating. Halls everywhere are decked with edible goodies.

Many people find it hard to maintain a healthy eating lifestyle, even without visions of sugarplums dancing around every corner, so they need help to avoid getting caught up in the holiday smorgasbord. These suggestions help ring in a healthy new year.

* If the long-term goal is weight reduction, think about putting that on hold until after the holidays. Temporarily amend the goal to maintain current weight.

An growling tummy rumbles into overeating later. * Vow to eat at least five fruits and vegetables every day. Try something new, like seasonal chestnuts.

* Make low-fat substitutes in recipes. Use yolk-free egg product and evaporated skim milk in the eggnog recipe. Cut the fat in half in the annual turkey stuffing recipe. * Hide tempting treats.

Double-wrap those cookies and stack them way back in the cupboard or freezer.

* Keep food records. Write down every morsel that goes into your mouth every day. This makes that extra handful of party mix accountable.

* Exercise! Skate, dance, walk, even shop. Walk around the perimeter of the mall a few times before making purchases. This is a terrific way to burn off holiday stress, too.

* Plan ahead. On a calendar, mark all the holiday meals and parties that will be attended the next two weeks. On tempting days, plan to eat lightly at other meals to balance fat and calories in party food.

* Portion size counts. Everyone deserves to eat some favorite holiday foods. Just limit the amount of high-fat items and fill in gaps with vegetables, fruits and grains.

* Drink plenty of low-calorie fluids. Water, tea, club soda and other low-calorie liquids are filling, leaving less room and desire for food.

When asked to bring a dish, bring one low in fat. Surprisingly, others appreciate lighter foods amid a sea of richness.

* Tend toward total abstinence. Alcohol contributes a

large number of calories to the party total. If a drink is important to socializing, alternate alcohol between low-calorie, non-alcoholic beverages.

* Accept food gifts graciously. Share fat-laden tokens with others. Freeze less-healthy food gifts to enjoy in small portions later.

* When upholding a tradition of making and giving food gifts, make them healthy. Try fruit preserves in place of fat in baked goods. Fruit baskets are a gift everyone enjoys.

* Be kind to yourself. Reward yourself for health-conscious success this time of year. A movie, a special item of clothing or a new fragrance motivates. A low-fat cookbook kicks off a new year of light cooking and eating.

Registered dietitian Terri Edelstein is a former member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

Holiday Cup cookies find filling, glaze

Last week's story with cookie recipes included Rich Chocolate Holiday Cups, but inadvertently lost the filling and glaze ingredients. The Journal regrets the error. The recipe is printed in its entirety.

RICH CHOCOLATE HOLIDAY CUPS

- 1/2 cup (1 stick) butter, softened
- 1/2 cup (3 oz.) cream cheese, softened
- 1/3 cup sugar
- 3/4 cup flour
- 1/4 cup cocoa powder
- Chocolate Filling
- Vanilla Glaze
- 6 maraschino cherries, each cut in 4 strips

Using electric mixer on medium speed, beat margarine and cream cheese in large bowl until well blended. Beat in sugar until creamy. Beat in flour and cocoa until well blended. Refrigerate, covered, about 2 hours until easy to shape.

Preheat oven to 350 degrees. Grease 24 mini muffin cups.

Shape dough into 24 balls. Press each ball onto bottom and side of muffin cup.

Divide Chocolate Filling evenly among each.

Bake in preheated oven 16 to 18 minutes until set.

Cool 20 minutes. Remove from pan. Cool completely.

Drizzle Vanilla Glaze over tops. Garnish each with piece of maraschino cherry.

Chocolate Filling: In small bowl, stir together 1/4 cup plus 2 tablespoons cocoa powder and 1/4 cup (1/2 stick) margarine or butter, melted. Stir in 1/2 cup sugar, 1-1/2 teaspoons vanilla and 1 egg.

Vanilla Glaze: Stir together 1/2 cup confectioner's sugar, 1-1/2 to 2 teaspoons milk and 1/8 teaspoon vanilla until thin enough to drizzle.

Light

Continued from page 1.

serving with snack crackers. Whether hearty appetizers become a meal by themselves or the group goes on to dinner together, match foods with wines.

For instance, a light dish needs a light wine, such as sauvignon blanc. The sweetness of a wine like Johannisberg riesling can stand up to a spicy dish. Fruity chardonnay goes well with tropical flavors, like the mango-

TENDERLOIN AND OLIVE TAPENADE BRUSCHETTA

- 2 tsp. cracked black pepper
- 2 tsp. chopped fresh or 1/2 tsp. dried rosemary
- 1 tsp. salt
- 1 lb. beef tenderloin (in one piece)
- 3 tbsp. olive oil
- 1 cup pitted kalamata olives
- 1 cup pitted ripe olives
- 3 cloves garlic, chopped
- 20 slices (1/2 inch thick) baguette, toasted
- Thinly shaved parmesan cheese

Preheat oven to 450 degrees.

In small bowl, mix pepper, rosemary and salt. The beef, rub with 1 tablespoon olive oil and coat with herb mixture.

Place beef on rack in baking pan. Bake in center of preheated oven about 30 minutes until beef reaches internal temperature of 140 degrees.

Let sit 30 minutes before cutting in the slices. In food processor, pulse olives, garlic and remaining 2 tablespoons oil until mixture is finely chopped.

Spread 1 tablespoon tapenade on 1 slice toast.

Top with 2 or 3 small pieces cheese and 1 slice beef.

Makes 20 appetizers.

ginger salsa served with these crab cakes.

CRAB CAKES WITH MANGO-GINGER SALSA

- 1 lb. fresh lump crabmeat
- 3 tbsp. mayonnaise
- 1 egg
- 2 tbsp. Dijon mustard
- 1/4 cup snipped fresh chives
- 1/4 cup minced fresh parsley
- 1 tsp. salt
- 1/2 tsp. freshly ground pepper
- 2 cups fresh bread crumbs, toasted
- 1/3 cup oil
- Mango-Ginger Salsa

In bowl, mix crabmeat, mayonnaise and egg until thoroughly blended. Mix with Dijon mustard, chives, parsley, salt and pepper.

Form crab mixture into 16 patties about 1/2-inch thick. Coat with crumbs. Arrange in single layer on baking sheet. Refrigerate, covered, 2 to 24 hours.

Heat oil in large skillet over high heat until very hot. Fry half the crab cakes at a time, turning once, about 8 minutes, until golden. Drain on paper towels.

Serve immediately with Mango-Ginger Salsa.

Makes 16 appetizers. Mango-Ginger Salsa: In bowl, mix 1 mango, peeled and chopped, with 2 tablespoons finely diced red onion, 1 tablespoon fresh lime juice, 1 teaspoon seeded and finely chopped jalapeno pepper and 1/2 teaspoon freshly grated ginger. Season with salt and pepper to taste. Cover and chill 2 to 24 hours. Makes about 1-1/4 cups.

Vegetarian variation: Instead of beef, substitute sauteed brown mushrooms, such as a shiitake or portobello.

Basket of individual favorites bags intimate, tailor-made fun

By Carol Schlitt
Correspondent

Skip the cooking and baking. Life is too hectic. Simple, unique food gifts are as close as the nearest supermarket.

Besides, putting together a gift basket is a fun and personal way to give a gift tailored for someone special. Putting the foods together yourself costs considerably less than the prepared baskets in gift shops.

Here are food gift ideas:

* A box of microwave popcorn and a couple bottles of popcorn seasoning.

* Cocoa mix, cider mulling spices or flavored coffees and teas.

* Snack packs of hard sausage, fancy cheese, crackers and Dijon mustard.

* A collection of salt-free seasonings.

* Jars of ice cream toppings, chopped nuts and containers of sprinkles.

* Flavored oils, vinegars, honeys or mustards.

* Salsa or anything related to salsa and hot peppers.

* Pancake mix with bottles of different flavored or fruited pancake syrups.

* Assorted bagels with one or more containers of flavored cream cheese.

WISE WAYS

Purchases brighten Salvation Army's tree and lives of needy

Shopping for food can do double-duty. A variety of products bought at Shop 'n Save, Schnuck Markets or Dierbergs prompts a donation to the Salvation Army Tree of Lights campaign.

The Salvation Army is known nationwide for its response in times of disaster. It also provides day-to-day food, shelter, job training and other vital services to needy individuals and families throughout the local area.

Participating products are the following:

Mrs. Allison's Cookie Co.: iced oatmeal cookies.

Hearty Cheese Co.: baby or smoked gouda, baby edam or caraway gouda.

Brooks Chili: all varieties of chili beans and chili seasoning.

Pevelly Dairy Co.: all varieties of Pevelly life nonfat yogurt.

* Pizza crust with all the fixings.

* English muffins, scones or crackers with jars of fancy fruit preserves or spreads.

* Any mixture of fruits and/or vegetables from the produce department.

* Mixed nuts and dried fruits. Bags, boxes or baskets already may be tucked away at home to hold the foods. Brown paper bags, glass and plastic jars can be recycled with decorations into colorful gift containers. Thrift shops and discount stores are good sources to find inexpensive containers.

Another last-minute food gift is a personalized coupon for a special food to be made or bought later. A coupon for shopping services or a special food, dish or meal gives anticipation for the new year of 1999.

Putting together a unique food gift results in a selection of items the receiver will enjoy using, particularly because they were gathered by a thoughtful person.

Certified family and consumer scientist Carol Schlitt is nutrition and wellness educator with the University of Illinois Extension at the Edwardsville Extension Center.

Purina Brand Pet Foods: Dog Chow dog food, Puppy Chow puppy food, Purina ONE pet food, Cat Chow and Meow Mix cat food and Tidy Cat cat box filler.

Energizer Brand Batteries: all sizes Energizer standard and rechargeable batteries.

Reames Foods: dried and frozen noodles, flat dumplings, linguini, lasagna sheets and chicken noodle soup.

Citrus World Florida's Natural Juices: ruby red grapefruit, orange, homestyle orange, orange with calcium, grower's style orange, grower's-pride country style orange juice, grower's-pride orange juice with calcium.

Fresh Express Salads: all Fresh Express blends and salad kits.

Mountain Top Pies: apple, peach and cherry pies, New York frozen Texas toast and Texas toast with cheese.

Crumbs lead to Italian cookies

By Janice Denham
Staff writer

A genetic tendency that causes many Italians to cook and bake at the drop of Santa's cap is quite evident in Maria Bruscano Sanchez, author of Sweet Maria's "Italian Cookie Tray" and "Cake Kitchen" (St. Martin's Griffin, \$13.95). Sweet Maria's is her bakery in Waterbury, Conn.

CUP OF COFFEE "It's kind of a reverse family situation. My parents were retiring about the time I went into business. So they come in and help, too," she said on a promotional tour for DiSaronno Amaretto, an almond liqueur. Her grandmother lived

with her family when Sanchez was a teenager, so some of her favorite recipes have been used by at least three generations. "My mother wrote down a lot of her recipes. Of course, they were made by the scoopful and handful, so she followed her around with a measuring cup," she said. The family enjoys its Christmas traditions of cookies, as well as other foods, like seven or eight fish dishes on Christmas Eve.

"I think the tradition comes from every saint's feast day being tied in with a certain food." Those childhood cookie-making sessions stuck like sugary frosting. "My job when I was a child was frosting the cookies. I would dunk them in it and my mother always

noticed how that left crumbs in it," she said.

Ten varieties of homemade cookies may no longer be a year-round kitchen treat, but making them is a festive occasion resurrected in homes with children at holiday time. In addition to icing baked cookies, kids can roll dough into balls, sprinkle it with decoration, stamp cutters into rolled dough and drop it by the spoonful. Keeping children safe around the oven is an adult's primary task.

"The best part is the tasting. It gives a feeling of accomplishment, edible pride," Sanchez said. She recommends always using premium ingredients. "You want to give yourself as much leeway as possible. Using the best products eliminates that

variable. Check your oven temperature with an oven thermometer. You cannot assume that baking a roast once a year means it is accurate."

If the oven is not self-cleaning and was last used for a Thanksgiving turkey, it is wise to clean it first to avoid setting off the smoke detector.

Janice Denham is food editor of Suburban Journals.

Colorful salad credits eggnog, cranberries

Rosemary Levitt, Olivette, is the winner of this week's recipe contest for Eggnog Christmas Salad, an entry in the Red or Green Recipe Contest. The prize is dinner certificates from the Pasta House Co.

BLUE RIBBON COOK Prepared to gel in two layers, the bottom is made with eggnog, pineapple, lime juice and celery, while the red top has cranberry-orange relish in raspberry gelatin. The recipe calls for preparation in a mold, but a glass bowl or clear 8-inch square baking pan is attractive, too.

Recipes in the Ham Recipe Contest should be postmarked by December 31. A winner will be rewarded each Wednesday during January, so readers of Today's Food have an opportunity to win one of four times.

Send in a recipe that features ham as an ingredient. In addition to sending in the recipe, tell how you actually make it. Any story behind the recipe counts as part of the entry. Along with taste and eye appeal, it forms the basis for selecting winners.

Originality will be considered, although the recipe need not be original. A single household can submit a single recipe. Send it to: Ham Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

If possible, name the recipe's source. Include the name of the Journal you receive.

EGGNOG COFFEE Place 1/4 cup ground coffee, any variety, and 1/4 teaspoon nutmeg in brew basket of coffee maker. Place 2 tablespoons sugar in empty pot of coffee maker. Prepare coffee with

Double-check directions, and specific amounts, giving variations that individualize the recipe. Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after the prize-winning publication date.

EGGNOG CHRISTMAS SALAD

- 2 cups crushed pineapple in juice
- 1 envelope unflavored gelatin
- 3 tbsp. fresh lime juice
- 1 1/2 cups eggnog
- 3/4 cup chopped celery
- 1 pkg. (4 servings) raspberry gelatin
- 1 1/2 cups boiling water
- 1 pkg. (10 oz.) frozen cranberry-orange relish

Drain pineapple juice into saucepan. Heat to boiling. Soften unflavored gelatin in lime juice. Dissolve in boiling pineapple juice. Cool.

Add eggnog. Chill until partially set. Fold in pineapple and celery. Pour into clear dish or mold. Chill until firm.

Dissolve raspberry gelatin in boiling water. Add relish, stirring until it thickens. Chill until slightly thickened.

Pour cranberry mixture over eggnog mixture. Chill until firm.

If desired, unmold on salad greens. Makes 8 to 10 servings.

2 1/2 cups cold water. When brewing is complete, stir in 1 cup heated eggnog. Serve immediately. Top each serving with dollop of whipped topping. Sprinkle with more ground nutmeg. Makes 3 1/2 cups.

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Today's Food

Lean latkes en-light-en Hanukkah tradition

By Dana Jacobi
Correspondent

At Hanukkah, presents are given primarily to children, but everyone gets to enjoy latkes.

Crisp and carefully fried, they may be worth waiting for all year, but a stack of them also can contain more calories from fat than people consider a treat. Besides, this may not be a favorite part of the Festival of Lights for the person who making latkes, particularly for a crowd — grating the potatoes, wringing them out and standing over the stove pressing and flipping these flat fritters.

Inspired by Swiss roesti, this pan-roasted latke is a crisp-crust, plate-size pancake made from shredded potato. Meant to serve four, it is cooked in a heavy skillet simply greased with nonstick cooking spray.

Using oil celebrates the miracle central to Hanukkah, when just enough olive oil to light the sacred lamp in the ancient temple of Jerusalem for one day burned a

phenomenal eight days and nights. If making latkes without oil rings of sacrilege, to satisfy the symbolic importance of cooking with olive oil on Hanukkah, add a tablespoonful to the pan.

This lean latke also leaves leeway to enjoy sour cream, associated with another Hanukkah-related story made popularized in the Middle Ages.

Dairy foods are a reminder of Judith, who fed salty cheese to Holofernes, the enemy general. Arousing his thirst, the cheese made him drink so much wine that he fell into a drunken stupor. When his head lolled, Judith cut it off, thus saving her besieged city.

When making latkes, some cooks use onions, while others do not. Some add flour or matzoh meal, while others prefer results without it.

At the table, some people eat latkes with sour cream and others choose applesauce. I add both onion and flour and avoid arguments by serving both applesauce and sour cream.

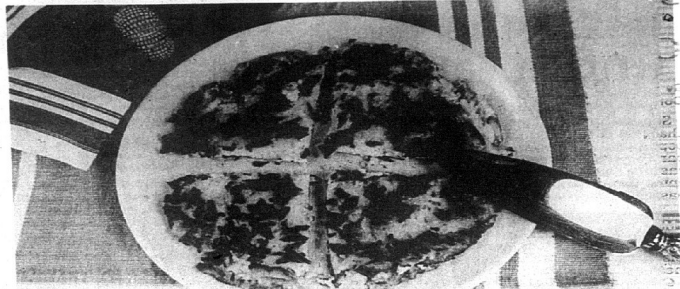
Dana Jacobi — author of the "Best of Clay Pot Cooking" and "The Natural Kitchen: Soy!" — submits this material for the American Institute for Cancer Research in Washington, D.C.

PAN-ROASTED POTATO LATKE

1½ lb. russet baking potatoes (about 2 large)
¼ cup minced onion
1 tsp. flour
1 tsp. salt
Applesauce, if desired
Low-fat sour cream, if desired

Peel and grate potatoes on coarse holes of hand grater. Squeeze most of the water from grated potato, a small handful at a time, and place in large bowl.

Using fork, mix onion, flour and salt into potato until well combined. Generously coat 12-inch cast iron or other heavy skillet with nonstick cooking spray and place over medium-high heat.



Potato latke divides in four pieces after pan-roasting.

Spread potato mixture to cover bottom of pan. Using rubber spatula, press and smooth potatoes firmly into flat pancake. In about 5 minutes, when bottom of latke starts to brown and hold together, gently work spatula under edge to keep it from sticking. Cook about 2 minutes longer until

bottom of latke is browned. Grasping pan firmly in one hand, use other hand to place dinner plate over pan. Invert pan while holding plate firmly in place, flipping latke onto plate. Slide pancake browned-side up back into pan. Cook 4 to 5 minutes until bottom of latke is

browned and potato is cooked through. Slide latke onto serving plate. Cut in 4 wedges. Serve immediately. Top with applesauce and sour cream. Makes 4 servings (not including applesauce or sour cream), 162 calories and less than 1 g fat each.

Melting, mixing make fondue easy

If there is an old fondue pot in the attic or a new one still unwrapped as a present, pull it out to pull off a fabulous party. Impressing family and friends is easy by serving a simple and elegant party food, such as fondue.

Preparation takes little time, guests cook their own food and there is only one pot to clean.

There are a few things to round up before beginning a fondue feast. All the equipment is readily available at food specialty shops, department stores or even some supermarkets.

Fondue affords the flexibility to be creative. Anything meltable can be used as a dip. For dipping, the fresh taste of high-quality domestic cheeses, meats and vegetables makes a difference.

Enamel cast-iron pots can be used for any kind of fondue. Ceramic-coated or earthenware pots work with cheese or chocolate fondue. A regular chafing or casserole dish can heat a thick, cheesy fondue, while a standard metal pot can be used for oil or broth.

Keep the heated mixture warm on the table with a candle underneath. If fondue sticks to the pot, add ¼ teaspoon baking soda; if it is lumpy, add ¼ teaspoon cornstarch.

Any long-handled fork with thin tines works for fondue, but cookware stores offer elegant forks with uniquely shaped handles so guests keep track of their own utensils.

Retro wooden-handled forks with plastic colors or bamboo skewers are a lower-cost alternative. Fondue forks are sharp and get hot while cooking, so it is safer to eat the cooked food with a regular dinner fork.

Plates with separate compartments are handy to hold different sauces, vegetables and meat. For sauces, use either small bowls or regular plates.

Here are two flavorful, easy fondue recipes. For more fondue recipes, send a self-addressed, stamped, business-size envelope to: Fabulous Fondue, St. Louis District Dairy Council, 8710 Manchester Road, St. Louis, Mo. 63144.

CIDER AND CHEDDAR FONDUE

4 cups (1 lb.) freshly shredded, sharp cheddar cheese
1 tbsp. plus 1½ tsp.



Chip and dip, move over! Here comes a fashionable parade led by Cider and Cheddar Fondue.

cornstarch
1¼ cups sparkling apple cider
¼ cup lemon juice
½ tsp. salt
1/8 tsp. cinnamon
1/8 tsp. nutmeg
Freshly ground pepper to taste
Dippers: apple wedges, waffle pieces, crackers, cheddar cubes, bite-size pieces of cooked chicken or pork sausage, strudel and pizzelles (Italian cookies)

In medium bowl, toss cheese with cornstarch. In medium heavy saucepan, heat cider and lemon juice over medium heat until barely simmering. Add cheese, a handful at a time, letting it melt before adding more.

When all cheese is melted, stir in salt, cinnamon, nutmeg and pepper. Cook over low heat 3 to 5 minutes until thickened. Transfer fondue to enamel or ceramic fondue pot. Keep warm over fondue burner. Serve immediately as dip.

PIZZA FONDUE

8 oz. lean ground beef or Italian sausage (see Note)
2 cloves garlic, minced
2½ cups pizza sauce
½ tsp. basil
2 tsp. oregano
¼ cup (about 2 oz.) grated

parmesan cheese
1 cup (4 oz.) shredded mozzarella cheese
Dippers: bread sticks, crusty French or Italian bread cubes

In large saucepan over medium heat, cook beef and garlic until no longer pink. Drain off fat. Stir in pizza sauce, basil and oregano. Cook until hot, but not boiling.

Combine parmesan and mozzarella cheese. Stir into meat mixture until melted. Transfer fondue to enamel or ceramic fondue pot. Keep warm over fondue burner. Serve immediately.

Note: To serve without meat, cook garlic in teaspoon oil before adding pizza sauce.

By Janice Denham
Staff writer

Cookbooks, particularly those filled with friends' recipes, whet the appetite. When it takes two years to gather those recipes, the results taste sweeter.

"Fare to Remember" is a new cookbook published by the Assistance League of St. Louis. Virginia Roder, chairman of the League's Cookbook Committee, coordinated the project and edited the book. She says it caters to today's varied cooks.

"People cook two ways. There is the Monday-to-Thursday style where everyone is bustling into the carpool and on to soccer or whatever tonight. Then there is the Friday-to-Sunday cook where meals are better planned. This book is for both," she said.

From easy appetizers, like apple dip and toasted pumpkin seeds, to more involved Prosciutto-Stuffed Turkey Breast and ultra-rich Chocolate Cinnamon Torte, the cookbook is packed with 300 recipes that appeal to those with varied tastes, time availability and cooking expertise.

"Fare to Remember" is available for \$19.95 at local bookstores, Dierberg Markets, the Gingerbread Village until Dec. 16 at Chesterfield Mall or the organization's office in Maryland Heights. To order by mail, send \$24.95 by check for each book, which includes postage, to: Assistance League of St. Louis, 120 Progress Parkway, Suite 105, Maryland Heights, Mo. 63043-3012.

"We started with between 800 and 900 recipes. Each was tested multiple times for consistency in results and excellence in flavor at home and at luncheons. At the end of May we moved into a blitz where 13 to 15 members agreed to bring two or three recipes to multiple tastings. To make our goal of having the book available for the holidays, the last day we tested 19 recipes at one time," Roder said.

Symbols designate two types of recipes in each chapter index, as well as those recipes. One is a timer for "quick and easy" recipes, the other is an "L" under an arch for "lite and luscious" with nutrition analysis.

"We wanted to give cooks new ideas. If it sounds like an older recipe, it has a new twist. For instance, there is a toasted ravioli recipe listed with both a timer and an 'L' — which is baked, rather than fried. There are recipes for white, black bean and California chili and goody butter cake that is more like the old-fashioned, St. Louis bakery style."

The cookbook is "designated to be useful," Roder said. It has rings for easy use and a cover that can be wiped clean.

Sonja Tugend, an Assistance League member, designed the quilted hanging depicted on the cover. Its block design follows the inside pages. Last week the fiber art quilt was auctioned with gingerbread houses from the Gingerbread Village.

Those who helped with the cookbook — recipe providers, testers and financial sponsors, like Dierbergs School of Cooking — are listed in the back. The only recipe credited with using a specific brand is a winner of a Newman's Own and Good Housekeeping recipe contest. Its prize was awarded to the Assistance League.

Roder notes differences in cookbooks since she did nutritional consulting for hospitals and developed recipes for Ralston-Purina.

"There is a trend away from 'cute' titles. Recipes now reflect more what is in the recipe. This is also the first cookbook of this type locally that includes nutrition analysis for some of its recipes," she said.

Classes using recipes from the cookbook are being planned at Dierbergs School of Cooking for 1999.

Janice Denham is food editor of Suburban Journals.

Cookbook takes taste of local cuisine, recipes

Today's Food

Warm wishes: Cheeses melt under jalapenos

The warmth of jalapeno peppers, the smoothness of melted cheese and the crispness of a browned batter jumble together in a warm snack that is more fun than a Mexican hat dance, tasters agreed.

TEST RUN

They tried jalapeno peppers in two brands, Ore-Ida and Farm Rich, stuffed individually with cream cheese and cheddar cheese. Each is packaged in a carton from the freezer, ready to be baked in 10 minutes or less in a conventional oven to keep the coating crisp. Nine Ore-Ida Hot-Bites come in the package, while Farm Rich offers eight Fiesta Dippers and a small tub of salsa in a package. One tester said "the size is perfect for finger-dipping." Another assessed the product. "Ore-Ida's jalapenos were all the same size and shape, with a thinner batter that baked up lighter in color, too. Farm Rich's dippers were not all identical and ended up a little darker," she said. She was impressed that the breading stayed attached well during and after the baking. Several tasters were pleased with the level of heat. "I'm somebody whose tastes run a little on the spicy side, so I wouldn't

have been offended if they had been a little hotter, but for a mainstream product, these were real tasty," another tester said.

He called them "a real solid item." Almost everyone agreed the Farm Rich were hotter than the Ore-Ida jalapenos. The blandness of the cream cheese offset the heat in both products, although one thought it was too mild to stand up well to the heat. Some tasters appreciated the pleasant contrast of its smoothness.

"In both brands, the cream cheese is so creamy you have to watch it doesn't spurt out the other end. Both the cream cheese and cheddar cheese are nicely distributed throughout each pepper, even in the irregularly shaped Farm Rich ones," a tester said. The cheddar filling did not elicit as much response. Several testers called it too mild and missed the smooth nature of the cream cheese. One taster would choose to buy peppers filled with cheddar over those using cream cheese. Another tester liked the cheddar-filled peppers when they cooled down.

"They're not greasy, like a lot of restaurant food is when it is left," she said. The addition of salsa by Farm Rich was generally thought a good idea.

By Melanie Polk
Correspondent

Cooks are always on the lookout for festive, colorful dishes to serve families and guests during the holiday season. Salads — brimming with the bright reds, greens and golds of fresh fruits and vegetables — add color to festive plates.

GOOD FOOD GOOD HEALTH

These dishes are not only a joy to behold, but a treat to eat. They provide vitamins, minerals and fiber people need to balance other traditional fare that may be less nutritious.

Serve a salad of blanched broccoli florets, roasted red pepper and pine nuts with a low-fat vinaigrette over leaves of Belgian endive. Or toss peeled and grated, lightly cooked, fresh beets with lemon and orange juice and chopped fresh parsley, then serve over lettuce leaves.

Colorful sliced carrots can be sautéed in olive oil with diced rutabaga and shallots seasoned with salt, cayenne pepper and freshly ground black pepper. Once the vegetables are tender-crisp, add a few spoonfuls of cider vinegar. Cook a minute or two until most of the vinegar has evaporated, then add watercress and cook about 30 seconds until it just wilts. Transfer to a serving plate and cool the mixture slightly before serving.

For something heartier, try a combination of cooked black beans, rice cooked in fat-free, low-sodium chicken broth, green and red bell pepper strips, and thinly sliced shallot. Toss with a spicy, low-fat dressing made with Dijon

mustard, vinegar, olive oil, chili powder, pepper sauce, garlic and black pepper.

Primavera potato salad consists of thin slices of cooked, peeled potatoes marinated in fat-free Italian dressing. Stir in sliced red onion rings, tomato wedges, bell pepper rings and thinly sliced mushrooms. Mix lightly and serve over lettuce. Fruitful salad ideas include a colorful salad made by tossing together green grapes, grated carrot and a dressing made from plain low-fat yogurt, pineapple juice and minced

fresh oregano. Registered dietitian Melanie Polk is director of nutrition education for the American Institute for Cancer Research in Washington, D.C.

TURKEY-SPINACH SALAD

8 oz. cooked turkey breast, cut in strips
8 cups bite-size spinach leaves, stems removed
3 oranges, peeled,

sectioned, seeded
2 grapefruit, peeled, sectioned, seeded
¼ cup halved cucumber slices
¼ cup orange juice
2 tbsp. oil
2 tbsp. grapefruit juice
2 tsp. corn syrup
¼ tsp. poppy seed
1/8 tsp. garlic powder
1/8 tsp. pepper

In bowl, combine turkey, spinach, orange, grapefruit and cucumber. In screw-top jar, combine orange juice, oil, grapefruit juice, corn syrup, poppy seed, garlic powder.

Favorite holiday bread bakes easily in new style

Panettone traditionally is baked in a tube mold, but many of the Italian breads have been formed in coffee cans. The rounded surface

FEATURE

is a dome that begs to be decorated with a drizzle of icing and sprinkle of candied fruit.

With an electronic bread machine, this version of the Christmas favorite with dried or candied pineapple and citron becomes less time-consuming.

Assemble the ingredients and let the machine produce a golden brown treat.

1-POUND-LOAF PANETTONE

¾ cup milk
1 egg
1 tbsp. butter or margarine, cut up
¾ tsp. salt
2 cups all-purpose flour
¼ cup coarsely chopped dried or candied pineapple
¼ cup chopped candied citron
½ tsp. ground anise seed
1 ½ tsp. bread machine yeast
Glaze

Use these amounts if machine holds 10 cups or less of water.

In order suggested by manufacturer, place milk, egg, butter, salt, flour mixed with pineapple and citron, anise and yeast in bread machine.

Use basic/white bread cycle; light or medium normal color setting.

Spread Glaze on top of cooled bread, letting it roll off edge, and sprinkle with a more chopped candied citron.

Glaze: Combine ½ cup sifted confectioner's sugar,

¼ teaspoon vanilla and enough milk (2 to 3 teaspoons) to make glaze of drizzling consistency. A few drops of rum or other liquor can be added for a waft of aromatic flavor. For 1½-Pound Loaf: Use 1 cup milk, 1 egg, 2 tablespoons butter or margarine (cut up), 1 teaspoon salt, 3 cups flour, ½ cup chopped pineapple, ½ cup chopped citron, ¼ teaspoon anise and 2 teaspoons bread machine yeast.

Note: If necessary, adjust dough consistency. If, after

a few minutes of mixing, machine seems to be straining or if dough

appears too stiff or dry, add more milk in 1-teaspoon increments until proper consistency.

If dough seems too soft or slack, add more flour in 1-teaspoon increments.

Do not add more than 3 to 4 tablespoons (9 to 12 teaspoons) liquid or flour. Machine cannot compensate for wide variations from norm.



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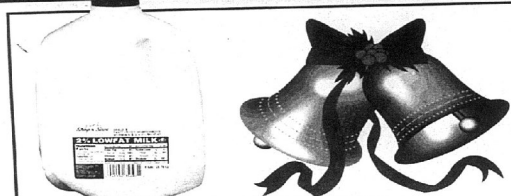
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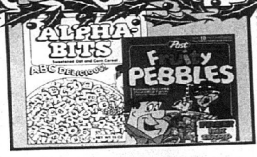
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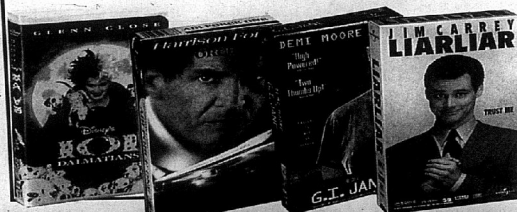
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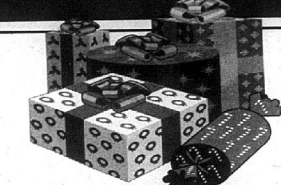
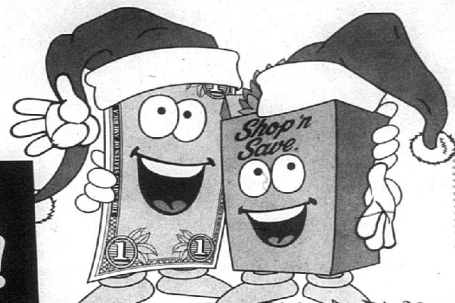


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Mission Impossible: Last-Minute Gift Ideas

Christmas is next week.

If your Christmas list still has some names on it, usually people in the "impossible to buy for" category, we may be able to help. Staff from the *Herald* and the *Press-Record* joined forces to scout out some of the more unusual items available this season.

Gift: Goliath Bird Eater

Available at: The Animal House, Oakmont Shopping Center on Pontoon Road, Pontoon Beach.

Cost: \$100

Probably the oddest item we unearthed is hairy, has legs and breathes.

It's a new kind of watchdog - a Goliath Bird Eater, the largest spider in the world. Originally from South America, these giant spiders are now domestically grown. The Goliath we saw is still very young; these arachnids can reach the size of dinner plates.

It's not a family pet for those who like their animals warm and cuddly. This one feasts on baby birds and mice. It also requires some caution. While the venom from their huge fangs is not deadly it can prove mildly poisonous to humans.

Gift: Reproduction Native American artifacts/crafts

Available at: Cahokia Mounds Gift Shop, 31 Ramey Drive (off U.S. 40), Collinsville

Cost: From \$5 to \$80

If you have history or archeology buffs in the family, try some reproduction artifacts and genuine Native American crafts. They range from a carved tee that actually serves as a pipe to a beautifully-finished tomahawk. Combine your gift with a rabbit skin to display it on as we've done with ours.

Gift: Woven Collinsville throw

Available at: Collinsville locations including Office Plus, the Ann Patrice Shop, Quik Copy, Pic-A-Place Travel, UMB Bank and the BANK of Edwardsville

Cost: \$50

If you're a Collinsville resident - past or present - you can demonstrate your civic pride while helping a worthy cause.

The Collinsville Sunrise Kiwanis are selling these woven throws that feature 10 city landmarks and celebrate the city's history which dates back to 1850. The throws, which measure about 53 inches by 72 inches, come in two background colors: cranberry and hunter green.

Gift: Mark McGwire/Ken Griffey Jr. bobbing head dolls

Available at: Kyle's Baseball Cards and Comics, 22 Nameoki Village, Granite City.

Cost: \$75 and \$59.95, respectively

It's been a big year for major league baseball and for Mark McGwire in particular. This is a gift that combines sports with collectibles and even adds a whimsical twist and keeps the recipient bob-bob-bobbin' along until baseball season starts up again.

Gift: Golden rose

Available at: Biegert's Jewelry, 113 W. Main, Collinsville

Cost: \$49.95

A rose is a rose is a rose - unless it happens to be this one. This one won't fade or lose its petals with time because it's been dipped in gold. For less than the cost of a dozen roses, this shimmering flower is sure to delight any lady for years to come.

Gift: "Have a Nice Decade" CD collection

Available at: Vintage Vinyl, 3210 Nameoki Road, Granite City.

Cost: \$94.99

This seven compact disc set is ideal for anyone who may still be stuck in the 70s or just occasionally likes to visit.

It features a collection of 160 songs from the decade of polyester, giant lapels and disco. Appropriately enough, the collector's set comes bound in shag carpeting.

Gift: Mark McGwire collector cards

Available at: Dizzy Dugout, 104 S. Morrison, Collinsville

Cost: \$30 to \$200

All that glitters isn't gold but these Mark McGwire collector cards are. There's the 23K autographed card of which 6,262 were made or the special autographed card that features an opal inset (McGwire's birthstone). It takes 17 inches of gold leaf to make each of these sports collector's gems.

Gift: Clay brick

Available at: Demolition sites, hardware stores, garden centers

Cost: Free to about \$5

Now this may be the most versatile and certainly the cheapest of our gifts. If the recipient has been very good this year, it can be a doorknob, paperweight, bookend or even used to prop up an ailing piece of furniture. Or it can be used to weight down something really special. If the recipient has been a little too naughty, it's a much cleaner version of the proverbial lump of coal that most of us were threatened with receiving at least once in childhood.

Gift: Singing Tree

Available at: Wal-Mart and other discount stores

Cost: \$15.97 to \$19.97

It wouldn't be Christmas without a tree. This 21-inch version provides its own holiday spirit by singing, dancing and lighting up its eyes and mouth move to the music. Just clap your hands and the show begins.

Gift: Schnucks Holiday Classic tickets

Available at: Collinsville High School, call 346-6320, ext. 1230

Cost: \$2 to \$4

Got a basketball fan to buy for? Send them to the Schnucks Holiday Classic set for Dec. 28-30 at Collinsville High School. During nine sessions played over three days, the tournament will feature 16 area teams including Collinsville, Triad, Granite City, Madison, East St. Louis and Belleville East.

Gift: Lighted screwdriver

Available at: Sears Hardware stores

Cost: \$19.99

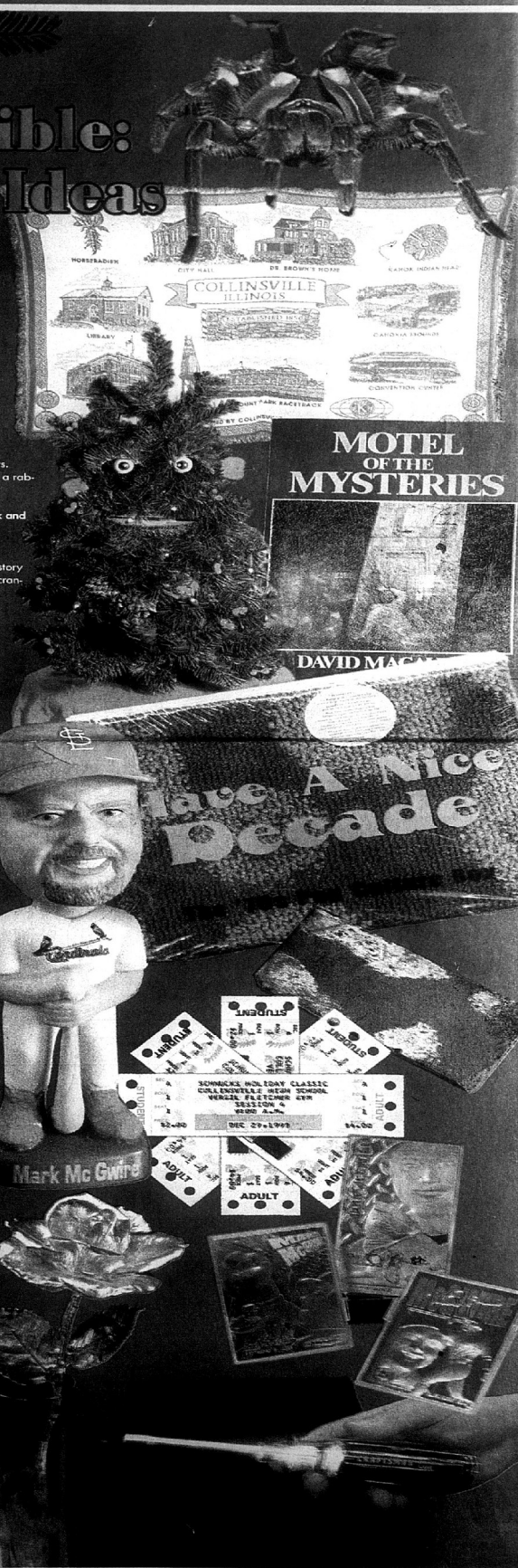
Even if your handyman (or handywoman) doesn't know exactly what they're doing, they'll be able to see the job better with this Craftsman lighted screwdriver. It runs on two AA batteries (included) and features an assortment of slotted, Phillips and socket attachments.

Gift: Book, "Motel of the Mysteries"

Available at: Cahokia Mounds Gift Shop, 31 Ramey Drive (off U.S. 40), Collinsville

Cost: \$12.95

Everybody loves a good mystery and this one literally starts with a "Big Bang." By David Macaulay, the book traces the development of life from the Native American perspective. It is published by Houghton-Mifflin Co.



Automotive

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Mercury's restyled Villager is bigger, more powerful

By Tom Strongman



When it came time to haul our family to a college football game, a quick survey of the test cars in the driveway led to an easy choice: Take the Villager.

This decision would not have been so easy in the past, because squeezing seven people, plus attendant tailgating gear, into the Mercury Villager would have been about as cozy as stuffing students into a phone booth.

The 1999 model is bigger, thanks to a redesign that results in fresher looks, and more important, a vehicle that is 4.6 inches longer, 1.2 inches wider and has nearly 10 cubic feet of additional interior space. Plus, it has sliding doors on each side. The 112.2-inch wheelbase remains the same.

The Villager, a product of cooperation between Ford Motor Co. and Nissan, is the same basic vehicle as the Nissan Quest. Nissan did the basic design, but it is built in Ford's plant at Avon Lake, Ohio.

There are three models this year: Villager, Villager Sport and Villager Estate. We drove an Estate.

This new Villager's size is handy for city driving and family chores, because it zips and tucks through shopping center parking lots and school grounds with the ease of a mid-size family sedan. It will hold seven people, although six is a more practical limit for anything more than an across-town jaunt.

As before, the Villager's three rows of seats allow up to 52 different configura-

tions, according to the folks at Mercury. The third seat has been relocated 2 inches farther back for increased leg room between it and the second seat.

Our test car had captain's seats in the second row. The left one is fixed, but the one on the right has a tip/slide feature that enhances entry to the third seat. The left-side seat did not have fore/aft adjustment, but the one on the right did. My father-in-law said leg room for the left side seat was snug, and it was. These captain's seats are a bit on the narrow side, as well.

Some young parents think minivans are too "suburban," but when it comes to usefulness, I think they are invaluable, especially with a sliding side door on the driver's side. Putting my 15-month-old grandson into his child seat was simple, because the sliding door gives plenty of room and his seat was high enough that I did not have to bend over to fasten him in. If you have ever crawled into the back seat of a sedan on your knees to do the same task, you know what I mean.

Despite the increased size of the Villager, cargo space behind the third seat is still fairly small. A movable horizontal shelf creates a two-tier area that effectively doubles the usefulness of the space. It has an elastic net on top to secure items, and there are three mounting positions. Nice touch.

Another change for 1999 is a body structure that has 15 percent greater torsional rigidity. The extra strength shows up in a smooth ride and fewer creaks and groans, especially when loaded down.

The redesigned interior is not only bigger, but much handier. The instrument

panel has secondary controls grouped together in a central stack located in the lower part of the dash. Cup holders are everywhere, and rear-seat passengers have their own audio controls. An air-filtration system removes dust and pollen.

An interesting option is a digital voice recorder, called Travel Note, mounted in the driver's visor along with the Homelink garage door opener. A built-in microphone records short messages and reminders, just what busy parents need.

The engine has been enlarged from 3.0 liters to 3.3, with an attendant increase in horsepower from 151 to 170. The extra power is welcome, especially when hauling a full crowd.

One of the Villager's strong suits always has been car-like ride and handling, and that continues despite the larger size. On the highway with four aboard, it was as smooth as most sedans. In town it felt nimble and was easy to park.

Even though it is somewhat bigger this year, the Villager is still considerably smaller than Ford's Windstar, which is a part of Ford's two-van strategy. If size is an issue, pick the Windstar. If agility and around-town maneuverability count most, check out the Villager.

The base price for our test vehicle was \$25,015. The list of options was long and included: electronic instrument cluster, power moon roof, anti-lock brakes, premium AM/FM cassette with six-disc CD changer, power front seats, leather upholstery, Travel Note/Homelink, remote keyless entry and flip-open lift-gate window.

The sticker price was \$30,355. The standard warranty is for three years or 36,000 miles.

Points & Plugs

Automobile safety topic of 1926 student essay

By Rick Stoff

By 1926 the traffic situation in St. Louis obviously was becoming an important issue. The streets were filled, probably with Model Ts and Chevrolets, and life had changed enormously just within the short memories of high school students.

A friend recently showed me a copy of the first "Caduceus" yearbook published by Beaumont High School. It contains a number of student essays, poems, plays and other literary efforts, and offers an interesting insight into life in the 1920s. In the back of the book are a few advertisements from auto companies. Metropolitan Nash Co., at 2724 N. Grand Blvd., also sold Ajax cars. Angelica Auto Sales, at 4101 N. 21st St., was displaying the "New Oakland Six" and "New Pontiac Six."

A stylish, full-page ad touted the "Diana Light Straight Eight" built by the Moon Motor Car Co. of St. Louis. A small headline drew attention to "Simplified Control and the Easiest Steering in America."

There must have been a great need for easier steering. Beaumont student Philip Berman wrote an essay for the book on "Automobile Safety Devices."

"There is only one serious objection to the automobile, and that is its unsafety," Berman wrote. "After having studied every angle of the danger of the automobile, I am positively convinced that the machine needs only a few devices to make it safe for itself, safe for its passengers, safe for pedestrians."

He thought the automobile should be equipped with a "detracting magnet" that would somehow cause the car "to deviate when it was about to hit a jaywalker or any obstacle." The magnet would be activated "by the slight pressure of a button for the convenience of the happy driver."

If cars were fitted with this device, Berman thought "any youngster would then be able to drive a car safely."

He also thought pedestrians would be safer if cars were made of rubber "so that when the magnet failed to work, there would be less chance of accident. We might also encase the car with nets to catch stray jaywalkers. These nets might also be used for passenger seats."

Traffic jams must have been growing worse, too, for Berman suggested that cars with wings would be able to fly over congestion.

"You would not be forced to wait for people to cross the street before you could move. When a person decided to speed, he could leave the ground and travel faster without danger of hitting anybody." In addition, "The wings would remove the problem of taking in every friend or stranger that asks for a ride."

Berman considered these to be simple solutions. "The magnetic device, the rubber car, and the self-propelled wings would reduce automobile deaths. All that we have to do is to supply them."

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Fire Safety Week

During Fire Safety Week, firefighters from Belleville's East Side Fire Department demonstrated what they do in their jobs for the children in Belleville Area College's Belleville Campus Kids' Club Child Care Service. Above left, firefighter Mike White of Belleville shows Jeffrey Wicker, 3, Belleville, how to operate a fire hose. Above, White helps Cole Underwood, Fairview Heights.



BAC photos

Science Center takes on the stars with big plans

Planetarium project to cost \$10 million

By Dan Yount
Staff writer

The James S. McDonnell Planetarium at the St. Louis Science Center will place visitors right in the middle of the star-filled sky among other special features. Science Center officials said the current planetarium would undergo a \$10 million renovation.

ST. LOUIS The Forest Park facility

will become one of the nation's leading space education facilities, said Doug King, president and chief executive officer of the Science Center. Construction is to start in early 2000 and be completed in early 2001, he said. When completed, the renovated planetarium will provide educational programs in astronomy, space sciences, aviation and the environment, he said. The planetarium will remain open through the end of next year.

"There will be nothing like this in the country," King said. "The plans are to combine a planetarium and an exhibit hall with a star field so visitors can walk around and see exhibits and stars overhead at the same time."

However, the interior will be completely redesigned to provide three levels for visitors to explore, she said. The planetarium now has exhibits on the first floor and star projections on the second level.

"There will be nothing like this in the country. The plans are to combine a planetarium and an exhibit hall with a star field so visitors can walk around and see exhibits and stars overhead at the same time. Also, the lights can be dimmed for the presentation of special star shows as is traditionally done in planetariums."

Doug King
President, CEO

Also, the lights can be dimmed for the presentation of special star shows as is traditionally done in planetariums," he said. The new planetarium concept fits in well with the interactive activities at the Science Center, King said. The planetarium, which was constructed in 1961 and opened in 1963, attracts about 150,000 visitors per year to shows. The buildings across Interstate 64 (Highway 40) at 5050 Oakland Ave. opened in 1991.

More than 1 million people per year are expected to visit the planetarium once the renovations are completed, King said. "It will be the most-attended planetarium in the world," he said. The Boeing-McDonnell Foundation has pledged \$2.5 million toward the project, and The Boeing Co. has pledged \$500,000. The remaining funding is to come from private sources, he said.

The unique hyperboloid-shaped exterior of the planetarium will remain unchanged, said Terri Gipson, associate director of space sciences and project manager.

However, the interior will be completely redesigned to provide three levels for visitors to explore, she said. The planetarium now has

exhibits on the first floor and star projections on the second level. The entrance on the north side of the building will be restored, taking visitors directly into the lower level. The SkyPort, as the level will be referred to, will resemble an airport of the future and house a visitor information center, exhibits, a restaurant, a gift shop, a briefing auditorium and other amenities.

An underground tunnel that leads to a walkway across I-64 will be converted into an airport concourse and feature aviation exhibits. The walkway connects the planetarium to the Oakland Avenue buildings.

An elevator will carry visitors to the upper two levels of the planetarium. These levels make up the Space Station's lower level and new mezzanine level, to be called the Star Bridge, will feature exhibits about what it's like to live and work in a space station.

The lower level of the Space Station will include a demonstration area for group activities. The center of this level will be the Sky Bay, an open area from which visitors can see the night sky projected onto the raised dome ceiling.

Visitors to the space station will be able to look up and down and see the sky.

Crafter creates Clauses

Primitive Santas decked out with accessories

By Cathy Pezold
Staff writer

Mickey Carty of Florissant has turned a lifelong craft hobby and love of Christmas into a business. The 55-year-old crafter, who describes herself as having a 10-year-old inner child, said creating things has always been a part of her life.

"I've been in the craft business since my childhood," Carty said. "I pretty much fended for myself, and if I wanted something when I was little, I made it."

Carty said even though she knew how to do crafts, when it came to selling them she was a little unsure about how to run things.

"First I made traditional crafts, and then I started making Christmas crafts," she said. "The truth is I love Christmas because it's a joy and appreciation for my children and family."

So, Carty began experimenting with Christmas crafts and developed a Santa Claus made out of paper-mache, cloth and old-fashioned wool clothing. "For one (craft) show I made four Santas," she said. "I didn't even know how to price them, but I took all four, and they sold so fast I couldn't believe it."

Carty said she hoped people would like them but had no idea how they would sell. So, she began making more vintage Santas and ornaments to take to her next craft show.

"I made 22 Santas and ornaments, and I sold everything," she said. "It was wonderful, except I was panicked because I had no idea what I was going to sell at the craft fair the next weekend."

Carty now deals exclusively with Christmas crafts through

"First I made traditional crafts, and then I started making Christmas crafts. The truth is I love Christmas because it's a joy and appreciation for my children and family."

Mickey Carty
Florissant, Mo.

her own craft business called "Christmas Past..." and even though the popularity of her Santas has grown, she still makes each one by hand.

"I will not mass produce. I do them one at a time," Carty said. "I have to look at each one and decide what it's going to look like."

Carty said no two Santas are alike because she molds each face out of paper-mache by hand, and she hand picks the wool for the Santas' beards and hair from a wool factory in Cedarburg, Wis.

Carty always has her eyes open for materials that can be used to make Santas, and she finds them in a variety of places. "I just go all over to flea markets, garage sales and antique shops looking for things to use on my Santas," she said.

The old-fashioned quilts and blankets she finds are used to make the clothing and accessories for the Santas.

"I make all the robes and hoods from vintage wool blankets and quilts — anything vintage," Carty said. "Then I accessorize with old buttons, and, depending on the style of

the Santa, I'll use blocks, marbles or old horns and Christmas trees."

Carty designs mainly four types of Santas: Toyland, Woodland, Victorian and Americana.

Toyland Santa is decorated with old-fashioned toys and carries a sack filled with vintage playthings, whereas Woodland Santa is decked with items like birds, birdhouses, homemade cranberry and bay leaf garland and rabbit fur.

Miniature instrument ornaments like violins adorn the Victorian Santa, and Americana Santa is decorated with flags, horns and wreaths. Each Santa, regardless of style, is signed and dated by Carty and characterized by a vintage postcard.

"All my Santas are personalized with an old Christmas postcard," Carty said. "That's become my trademark. They all date around the late 1800s or early 1900s."

In addition to the four main styles of Santas, Carty has been experimenting with other types of Santas. "I'm also making some now with legs and sitting on tricycles," Carty said. "I'm really having a lot of fun with that."

The Santa comes in the approximate sizes of 14, 20 and 24 inches, and depending on their size and the amount of detail, the prices range between \$125 to \$225. Carty sells her Santas nationwide and some have even found homes in Germany, Canada and Australia.

Locally, Carty sells her Santas at the Glittermeier House, in historic Florissant, and she hopes to open her own craft shop before next Christmas.

She said she enjoys her hobby.

In service

Jason Stockley, a 1998 graduate of Althoff Catholic High School, participated in the 34th annual Plebe-Parent Weekend at the U.S. Military Academy from Oct. 30 to Nov. 1.

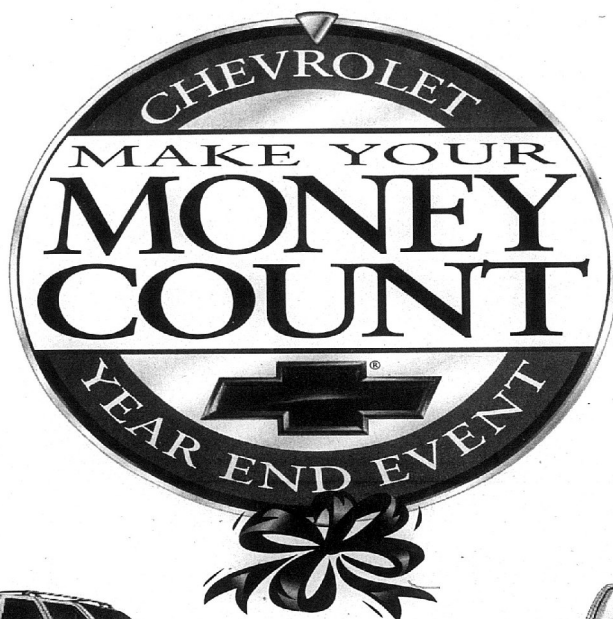
Parents Jerry and Iris Stock-

ley of Collinsville, visited their son for the event. Relatives and friends of plebes (freshmen) are invited to West Point for this special weekend to tour the grounds, meet with staff and faculty members and

learn first-hand about the daily life followed by the Academy's newest cadets.

Stockley, one of more than 1,200 plebes at West Point, is scheduled to graduate in 2002.

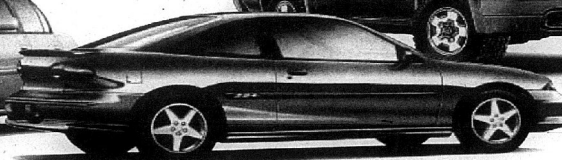
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